



July Newsletter

Wahnapiatae First Nation

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Summer Students

Aboriginal Day

Wahnapiatae First Nation CELEBRATES Aboriginal Day



On Tuesday, June 21, 2011 the community members of the Wahnapiatae First Nation came together to celebrate National Aboriginal Day 2011. A community Fish Fry & BBQ was held at the Gazebo. 43 people came out to enjoy the festivities on the beautiful first day of summer. Traditional person Winnie Pitawanakwat, led a prayer and a blessing of the food. The food was delicious. Fried Pickerel and Scone was prepared by Annabelle McGregor. The fish was generously donated by Post Creek Store. Al Armstrong donated Moose Sausages and Moose Steak and even prepared the marinade for us so we could then simply BBQ and serve. Chi-Miigwech / Big Thank you to Annabelle and Al. Great job also on the Potato Salad and Baked Beans made by Angie Kratky and Lynn Cote. A beautiful cake was purchased with the WFN Logo and the National Aboriginal Day logo. A yummy 1/2 chocolate and 1/2 vanilla cake served with ice cream. Hiawatha Osawamick was present to conduct consultations for the upcoming powwow creation (regalia making) workshops. The will be facilitating this event on July 13-16, 2011 (see flyers delivered) The evening ended with a hand drumming and song circle led by Winnie. (more Photos from Aboriginal Day inside newsletter). **What a wonderful demonstration of community spirit & pride.**



July 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 CANADA DAY	2
3	4 Summer Students Start	5 Recycling	6 Fire practice 6pm	7 Traditional Colours Teaching	8	9 Member-ship meeting
10	11 Summer Students Start	12 Recycling	13	14 Seniors Eat Free at BBQ	15 Pow wow creation workshop	16
17	18	19 Recycling	20	21	22	23
24	25	26 Recycling Art workshop	27 Elder's Picnic	28	29	30
31						

Schedule of Events

- July 1, 2011 - Canada Day - Office Closed
- July 4, 2011 - Health Summer Students Start Work
- July 7, 2011 - Traditional Colours Teaching Lunch & Learn—12 noon - 2:30 pm
- July 11, 2011— Summer Students Start Work
- July 14, 2011 - Seniors Eat Free Lunch BBQ
- July 15, 2011—Powwow Creation Workshop ADULT (Regalia making)
- July 26, 2011—Art Workshop ADULT
- July 27, 2011 - Elder's Picnic at Nipissing First Nation - 10:00 am - 3:00 pm

FUNDRAISING BBQ
THURS JULY 28TH
12-1 PM
@ THE GAZEBO

SUDOKU

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		8	2				7	5
		2		3	7			
	8		6	1				
		9			2		3	8
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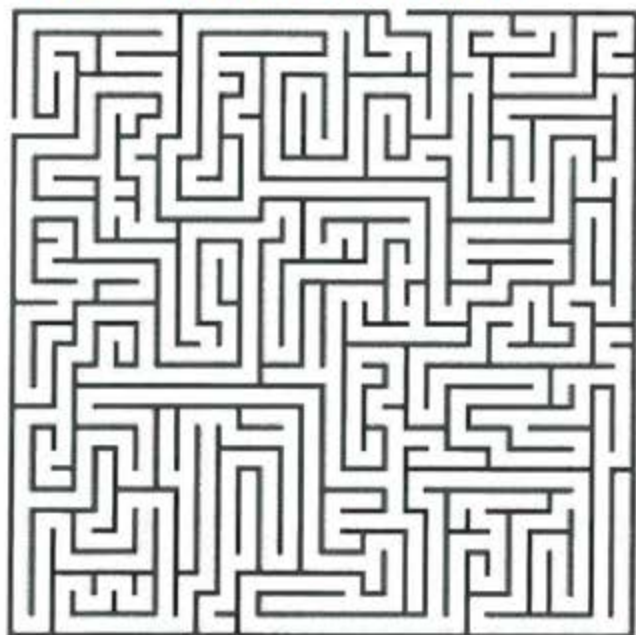
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EASY
AMOUNT OF TIME COMPLETED
IN: _____

CHALLENGE YOURSELF!
Record how long it takes to complete each one, and try to beat that time in NEXT MONTHS issue!

MEDIUM
AMOUNT OF TIME COMPLETED
IN: _____

CAN YOU SOLVE THE MAZE?



WAHNAPITAE TRIVIA CORNER

1. What year was the first annual pow wow?

2. What mythical creature lurks in the depths of Lake Wahnapiatae? _____
3. Who currently holds the streak for the Lip Syncing Contest Winner? _____
4. What is the traditional name for Wahnapiatae?

1.1995—2. Rockness Monster—3. Larry McGregor—4. Wan-a-bi-tay-bing
"That place where the water is shaped like a molar tooth"



**2011 Senior's Picnic
Nipissing First Nation**



HOST: Nipissing First Nation
When: Wednesday, July 27, 2011
Where: Garden Village, Ontario
Time: 10:00 am - 3:00 pm

flyers previously handed out with registration forms

Wahnapiatae First Nation Seniors

(50 years young & up)


(sponsored by Community Support Services)



**Eat Free
at the July 14, 2011
Youth fundraising BBQ**



**12 noon - 1:00 pm
at the gazebo**



**Traditional Teaching
of our traditional Colours
Lunch & Learn Workshop**
facilitated by: Louella Tobias

**Tuesday, July 7, 2011
12 noon - 2:30 pm
at the gazebo**

**if you have a subject you would
like to learn more about let us know...**

Let's Make Smoothies Workshop Update

The Health Department purchased a variety of ingredients which included ice, milk, yoghurt, orange juice, mixed berries, bananas, strawberries etc; and let the participants concoct their own smoothie.

Mmmmm...it was delicious and nutritious!

There were eight moms in attendance along with two children and two workers.

Chi Miigwetch everyone for coming out to test out our magic bullet!

Wendy Tyson - Community Wellness Worker



From the Desks in ...

2011 marks the United Nations International Year of Forests, which offers a unique opportunity to raise public awareness of the challenges facing many of the world's forests and the people who depend on them.

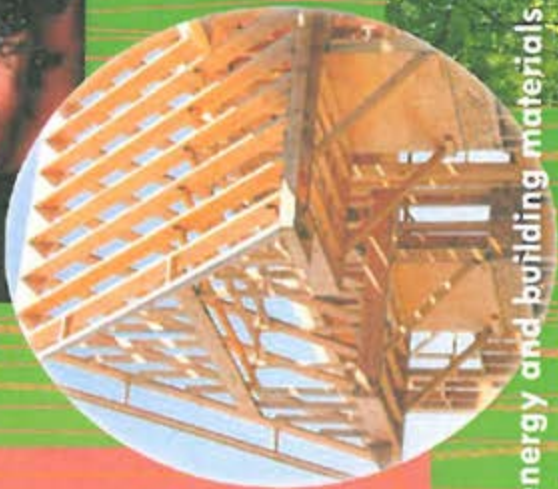
www.un.org/esa/forests



INTERNATIONAL YEAR OF FORESTS

Our forests:

- provide important sources of food, medicines, energy and building materials.
- sustain the livelihoods of and provides jobs for hundreds of millions of people worldwide
- offer aesthetic and cultural values
- contribute to a sense of cultural identity and provides spiritual enrichment in many indigenous and forest-dependent communities



Sustainable Development

Most life on earth depends on soil. It provides a medium for plants to grow and habitats for animals and other micro-organisms. Soil can be damaged by many causes including contaminated runoff, wind and water erosion, and overuse.

Soil communities are among the most species-rich areas in terrestrial ecosystems with most of the organisms found in the top 10cm of the soil profile. Soil organisms affect the functioning of entire ecosystem including nutrient cycling, development of soil structure, nutrient retention, disease suppression, carbon sequestration and pollutant degradation.

The extensive functions of soil, declining soil biodiversity and its consequences on soil food web interactions could have significant negative impacts on our ecosystem processes and all biodiversity.



WHATS GOING ON IN SUSTAINABLE DEVELOPMENT?

LET'S KEEP OUR COMMUNITY CLEAN

Invitation to Participate

Our community's history is not written in books, so it is our privilege to gather the oral histories from our community members and to share that knowledge with future generations. Knowing ones background is important to the development of identity, therefore, we must ensure that

our past is not lost; so that our young ones will be able to understand where it is they come from, and so that they can take pride in being a part of WFN's legacy. If you would like to contribute please contact Raven Plante or Stefanie Re collet at (705) 858-0610 to set up a time when you're available to share your stories. We will be contacting some of our community members to ask if they are willing to share their stories with us. We look forward to hear about our community's past and how we came to be this great community today.

Gchi-Miigwetch,

Stefanie Re collet
Summer Student

We welcome you to share your historical knowledge of WFN with us.

Photo: Old Hudson Bay Company port and Indian Camp on Lake Wahnapiitae

If you would like to drop something off, please see reception first ☺

SCHOLARSHIPS

See attached papers to APPLY TODAY!

Trueclaim Exploration Award

NEW – Trueclaim partners with Laurentian University and Wahnapiitae First Nation

Xstrata Post Secondary Scholarship Fund

Up to \$10 000 for three students

WHAT'S GOING ON IN SUSTAINABLE DEVELOPMENT?



Heidi, Christian, Cheryl, Peter Uhlig, Nicky, Wally

We were privileged to have Peter Uhlig from the MNR come to our community and share his knowledge with our staff. Peter Uhlig is an Ecologist working with the inventory, monitoring and assessment section with the MNR.

Ecological Land Classification to Support Planning and Monitoring at WFN



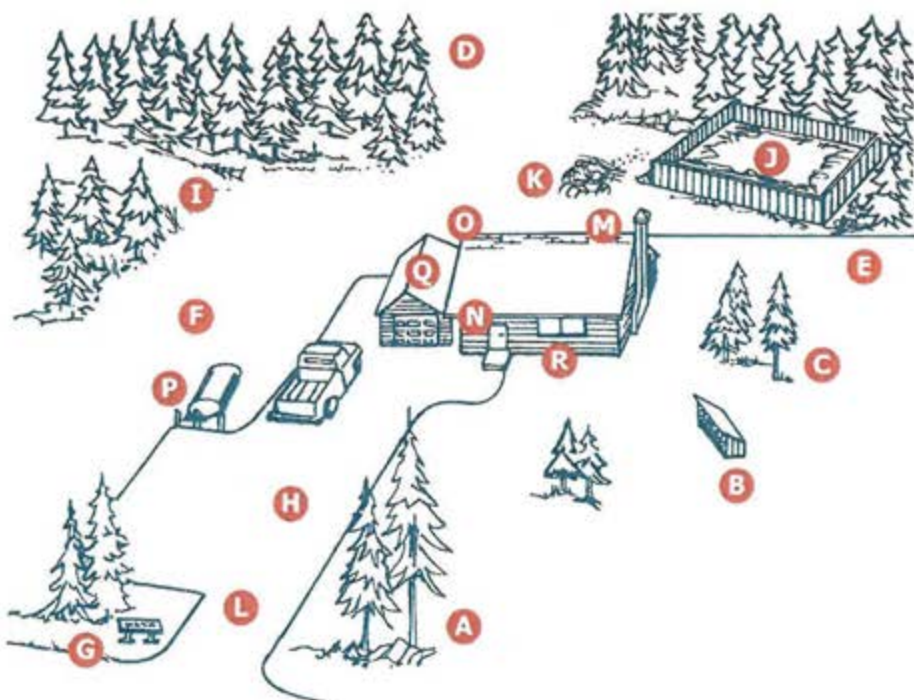
Ecological Land Classification is a tool that classifies land specific to vegetation type, soil type and plants and animals. This will help us develop baseline information for land use planning, woodlot management and environmental monitoring.



Photo Credit: Heidi Manitowabi

Nature at it's finest!

A Well Thought Out FireSmart Protection Plan



- A Prune tree branches to a height of 1 or 2 metres
- B Store fire wood well away from the house
- C Remove trees within 10 metres of house
- D Trees thinned (crowns don't touch) for at least 30 metres from the house
- E Branches are clear of power lines (if possible bury power service)
- F Remove brush, mow and water lawn
- G Your name and lot number clearly visible for quick identification
- H Driveway is wide enough to accommodate emergency vehicles
- I Provide additional emergency exit
- J Pond or cistern with emergency water supply
- K A FireSmart ash pit or burning barrel
- L Driveway clear of trees to a distance of at least 3 or 4 metres
- M Chimney installed to code complete with spark arrestor screens
- N All soffit vents and gutters should be screened
- O Porches and balconies screened, crawl spaces enclosed
- P Position propane tank with valve pointing away from house
- Q Fire resistant exterior roof and walls
- R Protective drapes and or shutters on windows to protect interior from radiant heat

Wahnapiatae First Nation Xstrata Post Secondary Scholarship Fund

Limited Qualified Candidates to Receive up to \$10,000 each Toward Post Secondary Studies

Both the Wahnapiatae First Nation and Xstrata believe in the importance of a good education for Community members for the betterment of both Wahnapiatae First Nation and Xstrata operations in the Sudbury area. Xstrata, through a formal agreement with Wahnapiatae First Nation in 2008, has sponsored an annual scholarship fund to support post-secondary education and training programs. The scholarship fund is aimed at assisting community members of the Wahnapiatae First Nation to pursue careers in the mining related and mineral processing field.

Both Wahnapiatae First Nation and Xstrata have established a joint Human Resources Working Group to develop the criteria and mechanisms to select candidates and to administer this scholarship fund.

Scholarship Details

The Human Resources Working Group will determine eligible candidates. The annual scholarship is awarded annually up to 3 (three) successful students, up to a maximum of \$10,000 per candidate per year. For scholarship recipients to continue to receive an annual scholarship, they must RE-APPLY ANNUALLY. The scholarship will be awarded to qualified Wahnapiatae First Nation Community members (those who are a band member of the Wahnapiatae First Nation or the spouse and/or children of a band member on-reserve) who are enrolled in a post-secondary mineral industry related school program.

Eligibility Requirements

Applicants must meet the following requirements:

- Must be a Wahnapiatae First Nation community member (a band member of the Wahnapiatae First Nation and/or the spouse and/or children of a band member on-reserve);
- Full time student at an approved Post Secondary institution (College, University) in a program related to the Mining industry;
- Submit a letter to the Wahnapiatae First Nation-Xstrata Human Resources Working Group requesting the scholarship along with a brief description of your education program, with a one page essay on your career aspirations.
- Provide a letter of reference from a current teacher/professor, Elder or mentor.
- Provide Proof of Academic Record (transcripts for previous year).
- Letters of application to be submitted no later than **September 8, 2011** to be considered in the up-coming semester and year, and Awarded October 1st of each year.

Who will be Chosen?

The Wahnapiatae First Nation Xstrata Scholarship will recognize academic excellence and community spirit. Successful recipients will be well-rounded students who are active participants in the First Nations communities, and who have a keen interest in the earth sciences, mining, engineering/technical and environmental studies.

There are no restrictions preventing scholarship recipients from receiving other grants or awards or income from other sources. Financial need will not be a factor in choosing a recipient. Selection will be based solely on the information and references provided with the letter of application. The Wahnapiatae First Nation Xstrata Human Resources Working Group will choose recipients from all applications.

For Submission and Information, Please Contact:

Chairperson
 WFN- Xstrata Human Resources
 Working Group
 Wahnapiatae First Nation
 36 Loon Way Road
 Capreol, Ontario
 Phone: (705) 858-0610
 Fax: (705) 858-5570
peter.recollet@wahnapiataefn.com





Trueclaim Exploration Inc.
Annual Award Agreement
Laurentian University
40-81283

This agreement is made between Laurentian University and Trueclaim Exploration Inc. with the purpose of establishing an annual award to benefit a student enrolled at Laurentian University.

I. Establishment

Laurentian University hereby agrees to establish an annual award to be known as the "Trueclaim Exploration Award" as per the terms of this agreement, to become effective in September 2011.

II. Purpose

Trueclaim is committed to the concept of sustainable development. This requires balancing good stewardship in the protection of human health and the natural environment with the need for economic growth. Diligent application of technically proven and economically feasible environmental protection measures will be exercised throughout our exploration, mining, processing and decommissioning activities to meet the objectives of legislation and to ensure the adoption of best management practices. The purpose of this award is to provide financial assistance annually to a student from the Wahnapiitae First Nation enrolled at Laurentian University. Preference will be given to a student enrolled in the following programs: Environmental Studies, Earth Sciences or Engineering.

III. Funding

The awards shall be funded with the following:

1. Annual gifts of \$5,000 over 5 years from Trueclaim Exploration Inc.
2. Any other gifts which may be designated to this award.

IV. Fund Administration

Laurentian University will notify the following person annually when an award has been made and student recipients will be encouraged to personally thank the donor. Correspondence should be sent to:

Name:	Lindsay Moss
Company:	Trueclaim Exploration Inc.
Address:	One London Place 255 Queen Ave Suite 1000
City Prov Postal Code:	London ON N6A 5R8
Cell#:	705-562-0568
Fax #:	888-686-1405
Website:	www.trueclaim.ca



V. Amounts and Terms of Awards

One annual award of \$5,000. The recipient will receive the award in December. Payment from Trueclaim Exploration Inc. will be sent to Laurentian by August of each year. Value is \$5,000.

VI. Selection

Selection of award recipients shall be made by the Student Awards Office at Laurentian University.

Specific Granting Guidelines:

1. The recipient must provide proof of their status as a member of the Wahnapiitae First Nation;
2. Preference will be given to a student enrolled in the following programs: Environmental Studies, Earth Sciences or Engineering;
3. In the event there are 2 students applicants enrolled in the mentioned programs, preference will be given to the student with the greatest financial need;
4. If there are no applicants or qualified recipients for that year, the funds will be held by Laurentian University to extend the program by another year.

Terms of the award as listed on the Student Awards website:

"Trueclaim Exploration Inc Award". Established by Trueclaim Exploration Inc., the purpose of the award is to provide financial assistance to a member of the Wahnapiitae First Nation enrolled at Laurentian University in the Environmental Studies, Earth Sciences or Engineering program. Applicants must provide proof of their status as a member of the Wahnapiitae First Nation. In the event there are 2 student applicants enrolled in the mentioned programs, preference will be given to the student with the greatest financial need. An application is required.

Community Notice

There have been instances where members parcels have been sent to the Band Office by the service providers.

These agents have been advised of the Bands Mail Protocol and which staff members have authorization to sign for and pick-up courier packages for the First Nation only.

We are asking members/community members when ordering parcels to provide the delivery agents your contact info (because sometimes they will only hold it for 3 days) such as name, address and phone #, should they need to contact you.

M i i g w e t c h

...MORE SCHOLARSHIPS!

**Come by and grab a copy!
Or find it on the website listed below.**



Aboriginal Financial Officers Association of Canada
Association des agents financiers autochtones du Canada
 1584 Somerset St. West • Suite 201 • Ottawa, ON • K1Y 4T3 • www.afoa.ca
 Toll free (866) 722-2362, tel (613) 722-2362, fax (613) 722-2467 email info@afoa.ca

June 2011

Norman Taylor Memorial
Aboriginal Financial Management Scholarship Program
Application Guidelines for Professional Development
DEADLINE: July 29, 2011

INSTRUCTIONS
Read the Application Guidelines carefully before you complete the Application Form. If you have any questions, please contact Leanne Hunter at AFOA Canada by telephone at 1-866-722-2362 or by email at lhunter@afoa.ca . Application Forms for the scholarship program may be downloaded from our website at www.afoa.ca .
BACKGROUND
The Aboriginal Financial Officers Association of Canada (AFOA) was founded as a non-profit organization in 1999 to help Aboriginals better manage and govern their communities through a focus on enhancing finance and management practices and skills. Norman Taylor was a member of the Ukwilet First Nation on the West Coast of Vancouver Island. He was one of the founding members of the AFOA Canada serving as the founding President and later the Chief Advocacy Officer.
APPLICATION DEADLINE
The deadline for the submission of applications is July 29, 2011. Fully completed application packages must contain all current information. Application packages can be emailed to lhunter@afoa.ca or faxed to 613-722-2362, mailed, couriered or submitted in person. Late submissions will not be accepted.
NOTE: Applications that are arrive after the deadline date will NOT be reviewed.
ELIGIBILITY CRITERIA
The Eligibility Criteria for a Professional Development Scholarship are: <ul style="list-style-type: none"> Member of AFOA Canada (membership categories also include a special rate for students) Employed in a financial analyst management position and/or attending school as a full-time student Canadian resident of Aboriginal ancestry (First Nation, Inuit or Métis) Reside and/or work in Aboriginal community/organization In need of financial assistance
PROFESSIONAL DEVELOPMENT CATEGORY
Professional Development Scholarships are for candidates who wish to take AFOA's AFM courses or AFOA management certificate courses on a one-off basis for professional development reasons, or to attend AFOA's National Conference. The Professional Development Scholarship is intended to offset full registration costs for AFOA courses and/or registration and travel related costs to attend the National Conference.

Page 1 of 2

Awards & Scholarships: AFOA www.afoa.ca/afoa/conference.asp

The Aboriginal Financial Officers Association of Canada is dedicated to helping Aboriginals reach the highest standard of excellence in finance and management. AFOA's initiatives in the development of Awards and Scholarships are examples of that commitment.

The AFOA-Xerox Excellence in Leadership Awards recognizes and celebrates Aboriginal achievement in financial management. More information on this Award can be found on the website.

The AFOA-Meyers Norris Penny LLP Aboriginal Youth Financial Management Awards are open to First Nation youth in grades 11 and 12. Winners attend AFOA's National Conference and participate in a special Youth program designed to introduce youth to careers in Aboriginal finance and management. More information on these Awards can be found on the website.

Norman Taylor Memorial Scholarships & Bursaries—AFOA developed a number of scholarships aimed at providing educational opportunities in finance and management to both adults wishing to pursue their education, and students entering into post graduate studies. Information on this scholarship can be obtained on a following page.

SUMMER STUDENTS



← Hi my name is Amanda Armstrong and I am working with the Summer Camp Program. It's my first time working here however, I'm looking forward to a summer of fun!

Aanii, Amanda McGregor nindizhinikaaz. I've been hired once again this summer for the Environmental Labourist Position. I'm looking forward to working in the community again, and be back home for the summer. I'm currently a college applicant for Registered Massage Therapist. →



← Hi my name is Stephanie Beauchesne and I am one of the two Summer Day Camp Youth workers. I recently graduated high school and I am looking forward to working with the youth and doing many fun activities we have planned.



Gezhtoojig Employment & Training *“Those Who Are Successful”* **Workshops**

Resume & Cover Letter Workshop

Date: Wednesday, July 20, 2011

Time: 10:00 a.m. to 12:00 p.m.

**Get your Resume ready
for today's job market.
Create a well-written Cover Letter.
Get the Interview YOU want!**

Register Today

Contact Person: Reg Canard

Job Search Workshop

Date: Wednesday, July 27, 2011

Time: 10:00 a.m. to 12:00 p.m.

**Networking and Self-Promotion.
Stay Current and Updated.
Develop YOUR Portfolio!**

Phone: 705-524-6772

Email: rcanard@gezhtoojig.ca

We are located within the DAY'S INN Hotel
117 Elm Street, Unit 102
Sudbury, ON P3C 1T3
Parking Available in back of building
Front & Back Door Access

Canada

Lip Sync/Talent Night Contest



Thirty -five (35) people came out and supported the WFN Lip Sync and Talent Show that was held on Thursday, June 30, 2011 at the WFN Fire Hall. This was a fun filled family event held on the day after the last day of school. A fundraising BBQ was held and then the audience were treated to nine (9) entertaining acts.

There were only two (2) judges and there were ties for first place in two categories. Due to the ages and they likely didn't have a second act prepared the 1st place and 2nd place monies were divided between the two acts making two first place winners. Unfortunately I will not be able to compete any longer as I am staff. Therefore 1st place in the adult category was awarded to Larry McGregor.

THANKS to Angie Kratky for assisting with everything, canteen, BBQ sales, draws, registration & clean up

And the Winners were.....

	Children 5 years & Under	Kids 6 years To 12 years	Teens 13 years To 17 years	Adults 18 years & Up	Groups/duos All ages Can mix	Free Style Any age
1st	\$15 Jason McGregor	\$25 Lily Plante (tie 1st)	\$50 Haley McGregor	Debbie Plain -McGregor <i>\$50.00 unable to compete</i>	\$60 Cinnamon Cyr & Haley	\$45 Dakota Kratky (tie)
2nd		\$25 Cinnamon Cyr (tie 1st)		\$50 Larry McGregor (awarded 1st)		\$45 Cinnamon Cyr / Haley McGregor

Door Prize!

Winner
Christopher roque
Magic bullet smoothie maker

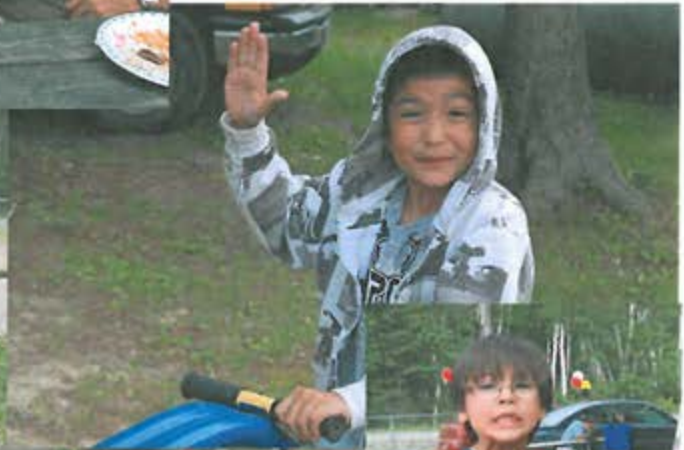


Winner
Al Armstrong
\$21.00

50/50 Draw

National Aboriginal Day 2011

Memories from National Aboriginal Day 2011: a collage of the National Aboriginal Day events in WFN— Fish Fry & BBQ; Powwow Creation consultations and hand drumming circle.





Community Yard Sale

When: Saturday, July 23, 2011
Time: 9 to 4
Who: ANY home on the Wahnapiatae
First Nation

How:

- just call Debbie at the Band Office and state your interest.
- a map will be made so customers will be advised & encouraged to visit out all yard sales
- IF YOU DO NOT HAVE enough goods for your own sale.. DONATE to the Fire Department. They will be hosting a sale in the Firehall on the same day
- make your own profit, set your own prices, do your own haggling

Wahnapiatae First Nation—FIRE DEPARTMENT

FUNDRAISING YARD SALE & BBQ

Sat., July 23 9 to 4 at the WFN Firehall

Call Al Armstrong at Band Office 705-858-0610 ext. 104 to make arrangements for your donations to the WFN Fire Department Yard Sale.

Thank you for Supporting the Wahnapiatae First Nation Fire Department!!

Miigwech!

- ☺ Thank you / Miigwech Al Armstrong for donating the delicious Moose Steaks and Moose meat sausages for the Aboriginal Day Fish Fry & BBQ.
- ☺ Thank you / Miigwech Post Creek Store for donating the fish & scone for the Aboriginal Day Fish Fry & BBQ.
- ☺ Thank you / Miigwech to Joan Recollet, Paul Mac-Donald who stayed to help clean up after the Aboriginal Day Fish Fry
- ☺ Thank you / Miigwech to Larry McGregor, Crystal Osawamick & Angie Kratky who stayed to help clean up after the Lip Sync / Talent show
- ☺ Thank you / Miigwech to Angie Kratky for the great help at the Lip Sync Talent Show
- ☺ Thank you / Miigwech to Larry McGregor who volunteered to set up the stage, sound, chairs, windows at the Lip Sync Talent show

TEEN / ADULT SPORTS Mondays—July 11, 18 & 25

7—8:30 pm
Basketball Court

- ☺ These will be unstructured, open sports nights for teens and adults (baseball, basketball, ball hockey)
- ☺ Also looking for volunteers for equipment set up
- ☺ Come and get your game on! Have fun & get active!!



Child & Youth Worker



June 2, 2011 Nutrition Workshop with Dietitian Doreen Pippy

A hands-on workshop making healthy snack bags for an on-the-go snack, or kids lunch snack. Participants also made homemade granola bars. Facilitator Doreen Pippy presented facts and a visual presentation of fats and sugar contents in common foods. Six participants tried out exotic fruits such as pomegranate, mango and dragon fruit.

June 7-9, 2011 Prenatal Nutrition & Community Food Educator Training (Debbie)

June 3 & 10, 2011 Jr Youth Movie Night & Sr. Youth Movie Night

4 Jr Youth enjoyed Gnomeo & Juliet and Alpha & Omega and enjoyed popcorn & healthy snacks. 5 Sr. youth enjoyed watching Gnomeo & Juliet and having healthy snacks & popcorn.

June 13, 2011 Teen / Adult Pickup Basketball and BBQ

Pickup Basketball Game (three on three) for Teens and Adults took place. 8 Participants enjoyed BBQ.

June 14, 2011 Homework Club

3 youth came in for homework club. They had quiet time for homework and or puzzles followed by outside time which 1 other youth joined. Meatballs and Spaghetti were served to 5 youth.

June 15, 2011 Youth Cooking & Xbox Kinect Dance

Due to the heat the chocolate cookies were prepared before the youth arrived. Once the youth arrived they made ice cream sandwiches with the homemade cookies. They ate them then burnt off energy playing Xbox Dance on the big screen. Thanks to Larry McGregor who set up the sound speakers and the Xbox Kinect and gave Debbie a quick lesson on the Dance game.

June 2, 16 & 23 Zumba Class with Renee Rainville of Zumbavibe

5 adults & 2 children; 1 adult & 1 child; 2 adults Dance exercise to latin music led by instructor. Held at Rocky's.

June 21, 2011 National Aboriginal Day Fish Fry (for update see front page article)

June 24, 2011 Youth / Family Outing END OF SCHOOL YEAR Pizza Party / Gokarting

24 participants enjoyed a Pizza Party at Pizza Hut. It was awesome! Great, fast, friendly service which was ready when we arrived. It was a cloudy, gloomy day and drizzled on our way to the Gokarting. This didn't dampen spirits and the youth and parents enjoyed Gokarting and mini-golf.

June 30, 2011 Lip Sync / Talent Night (for update see article)





Child & Youth Worker Upcoming Events JULY



July 1, 2011 Canada Day

The Band Office was closed.

July 2, 2011 Sheguiandah Powwow Outting

July 5, 2011 Food Safety Certification For Staff and Students

July 7, 8 2011 First Aid / CPR Training (students / staff)

July 11, 2011 Summer Day Camp Registration

July 12, 2011 Summer Day Camp Starts

July 13, 14, 15 & 16 Powwow Creation Workshops
(regalia making & accessories)

July 11, 18, 25, 2011 Teen / Adult Sports 7 p.m.—8:30 p.m.

July 20, 2011 Car Seat Clinic 1pm Azilda (for registered parents)

July 21, 2011 Nutrition Workshops 1-3 pm (for community & summer day camp youth)

July 21 & 28 Zumba 6:30-7:30 pm (for all ages, if can follow along)

July 23, 2011 Community Yard Sale 9-4
(any home on WFN or donate to Fire Dept sale)

July 25, 26 & 27 Art Workshops (YOUTH 25th & 27th)
(adult evening 26th)

July 28, 2011 Fundraising BBQ 12-1 at Gazebo



WAHNAPITAE FIRST NATION 16TH TRADITIONAL POW-WOW

AUGUST 20th & 21st, 2011

"Minaajtoong Mijiwebnin Gdi-chijaakminan"
"Celebrating the Awakening of Our
Anishinabek Inner Spirit"



Host Drum: **WHITETAIL CREE**
Co-host Drum: **BLACK BEAR**
Invited Drum: **SMOKE TRAIL**
Invited Hand Drum Group: **O'demin Kwe Singers**

Grand Entries: Saturday~1 & 7pm; Sunday~1pm
Singers & Dancers Registration: 11am - 2pm (August 20th & 21st, 2011)
Sunrise Ceremonies: August 18th-21st, 2011 @ 5am
Tipi Teaching: Wednesday, August 17, 2011; 12-4pm
Sweatlodge Ceremony: Thursday, August 18, 2011 @ 6pm (potluck feast)

Honorarium & Meal Tickets for all registered dancers!!

Head Dancers: Amanda LAROCQUE & Devan KICKNOSWAY
Head Elder: Tina Mandamin
M.C.: Gerard Sagasige Youth M.C.: Paul Owl
Arena Director: Robert Stoneypoint

Specials: 1-Person Hand Drum
1st: \$200 2nd: \$150 3rd: \$100 4th:
\$50 ..Crow & Mooz Calling, Potato
Dance, Smoke Dances, Spirit Dance....

**ABSOLUTELY NO DRUGS, ALCOHOL OR PETS...ROUGH CAMPING AVAILABLE...BRING YOUR LAWN
CHAIRS...PUBLIC WELCOME...LET'S CELEBRATE LIFE & DANCE WITH CONNECTED HEARTS!!!**

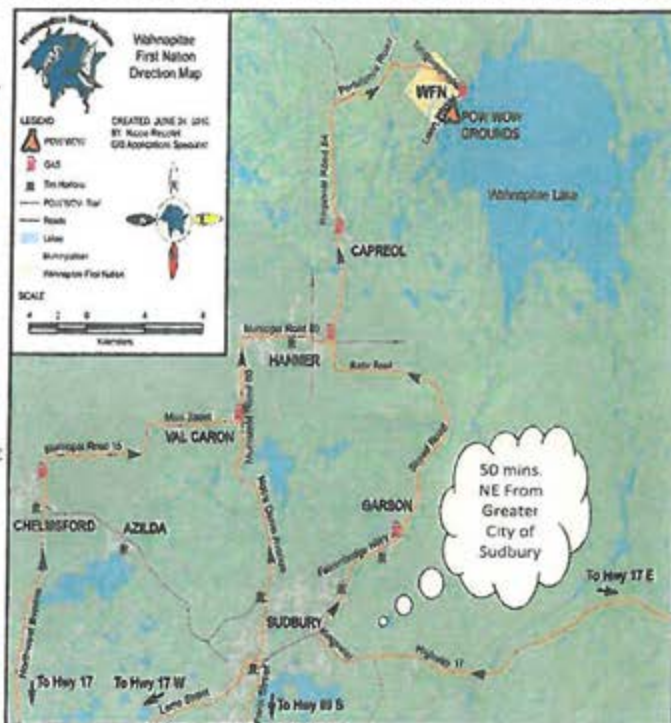


AUTHENTIC NATIVE CRAFT VENDORS:
~ VENDOR SPACE: 10' X 10'
~ \$40/DAY + GIFT
~ MUST REGISTER BEFORE AUG.17th, 2011

WFN SCRUMPTIOUS FOOD VENDORS ON-SITE

ADMISSION: A SMILE ☺

Contact: Crystal Osawamick,
Pow-Wow Coordinator
(705) 858-0610
Email:
wfn_powwow@hotmail.com
OR
Facebook: WFN POW WOW



www.wahnapiataefirstnation.com

WFN 2011 Pow Wow Update



THEME: The *Cultural Advisory Committee* would like to thank all of those whom had submitted a theme for this year. Miigwetch! This year's theme is: "*Celebrating the Awakening of Our Anishinabek Inner Spirit!*" "*Minaajtoong Mijiwebnin Gdi-chijaakminan*" and for 2012: "*Honouring Our Sacred Directions*". Yes, things are already being planned for 2012 as mentioned to the Committee, you have to be one step ahead in order to have things organized and planned out; "ready preparedness."

NOTE:

There was no expressed interest for the opportunity for a youth to assist with this year's M.C. role. Therefore, for this year's pow wow, Paul Owl from Cutler First Nation has confirmed to be our youth M.C. as he has the experience

The image displayed is my own voluntary labour, this is the first painting that I ever did and I'm glad to produce something for the community. Not only does it reduce the expenditures for this year's budget, but, as well as potential legalities (ie. copyright). So, let me explain the importance to the creation of the image...

IMAGE DESCRIPTION:

Take note, that the WFN logo digital image was an insert. The original painting has a spirit human form-like figure. Since the Pow Wow is a cultural event within WFN, it is only appropriate to include the logo as this is our celebration open to all!

Within the painting, there are the two levels that consist within the physical realm: there is the "air" or "Father Sky" and below is "earth" or "Mother Earth". With the two, they create balance as so does everything else.

Between the two levels are the circles, this represents the 7 "Grandfather Teachings" or what I refer to them as the "7 Grandmother Teachings". They are:

"Nbwaakaawin" – Courage, "Zaagidwin" – Love, "Mnaadendiwin" – Respect, "Aakde'he'win" – Bravery, "Gwekwaadzinwin" – Honesty, Dbaadendizwin" – Humility, "Debwewin" - Truth

This is what is needed in our everyday lives as human beings. It is essential to have those teachings to remain in balance as we walk through the obstacles of our journeys.

Below the circles are roots, this symbolizes the need to be rooted to our teachings that were or are given to us by the teachers we may come across and so forth. But also, that the roots are what keeps us strong as an individual and the ties that we have with our families, more so, within our community.

Above in the sky, is twirls of energy, vastly go into various directions. That is one reason why it is of great importance to be careful in life of what one may do; as if one is not careful, the actions, decisions...etc. may greatly impact oneself, the children or community itself.

As you may notice, above the centered circle is a solid line of energy with circles along the side; this is to represent the thoughts that are sent to the spiritual realm, further meaning, the prayers directed to the Creator, God or to whatever you may believe in. Basically, that higher power.

Overall, I did try to incorporate the basic colours as there is meaning in that as well. For instance, the four colours representing the four colours of man or the colour pink which to highlight the necessity of living a good life is have love. If we have love in our hearts, we flourish and flourish our inner being and become greater in strength and power; for ourselves, our families and on a whole, our community!

I do hope that you enjoyed this brief description of the image, if you have any questions, try to catch me on my busy trail of work, visit, or any other preference of communication that you may desire. Naahow!

REMINDER

WFN 2011 POW WOW

CREATION WORKSHOPS LOCATION: WFN FIREHALL

YOUNG GENERATION (0-17) REGALIA MAKING/REVISING

Scheduled for Wednesday, July 13th & Thursday, July 14th, 2011

Time: 9:00 AM - 4:00PM

OLDER GENERATION (18+) REGALIA, RIBBON SHIRT, SKIRT MAKING...etc.

Scheduled for Friday, July 15th, 2011

Time: 3:00PM - 9:00PM

ACCESSORIES CREATION (ie. hair ties, moccasins, leggings...etc.)

Scheduled for Saturday, July 16th, 2011

Time: 9:00AM - 4:00PM

*Please bring your own material to the workshops & if needing any consultation, contact the workshop facilitator, Hiawatha at (705) 241.6384 or email:

hio_osawamick@hotmail.com or contact Crystal (705) 858.6392

FUNDRAISING: So far, the total amount of Pow Wow fundraising to-date is

\$17,332.87. There will be fundraising commencing soon; the proceeds will go towards the building of a new arbour & sacred fire lodge.

UPCOMING LOCAL POW WOWS:

Next Cultural Advisory Committee Meeting:
Monday, July 11 2011

July 8-10, 2011 ~ Sagamok Anishnawbek

July 16 & 17, 2011 ~ Missiaugas of Scugog Island FN

July 23 & 24, 2011 ~ Atikameksheng Anishinawbek

July 29-31, 2011 ~ Thessalon FN (466.0km from Sudbury, ON)

July 30-31, 2011 ~ Wasauksing FN

July 30 - August 1, 2011 ~ Wikwemikong Competition Pow Wow

Feel free to contact me by any of the following communication methods below for any suggestions, donations, wanting to volunteer or any other things that you may have on your beautiful mind!

Band Office: (705) 858.0610 Cell: (705) 923.HABS (4227) or Home: (705) 858.6392

Email: wfn_powwow@hotmail.com or

Facebook: WFN Pow Wow

Ahnow, baamaa pii & miigwetch!

Crystal Osawamick
2011 Pow Wow Coordinator

WFN ART WORKSHOP Location: Fire Hall

A fun interactive art adventure, (No art experience necessary)

Facilitated by William Morin: Local award winning Ojibway Visual Artist. www.artofwillpower.ca

Participants will learn basic and advanced art techniques through fun exercises and produce over 8 finished pieces of art.

Session 1: Participants will be introduced or reminded of the fun in creative play. They will begin with warming up activities using simple drawing materials (crayons, chalk, pencils, pencil crayons) on a variety of drawing surfaces. As they are walked through imagination building activities participants will produce many drawings. They will then be introduced to tempera / water based paint learning basic colour mixing and paint techniques. Participants will be able to complete several paintings on paper by end of session 1.

Session 2: Participants will be reminded of the techniques introduced in Session 1. To continue with fun in creative play participants will begin with warming up activities briefly. They will then be introduced to Acrylic water based paint and introduced to a variety of basic colour mixing and paint techniques. By end of session 2 participants will be able to complete several paintings on a sample of different surfaces like canvas, wood / veneer, leather, etc.... At the end of Session 2 participants will display all works completed in a mini exhibit for all to see and enjoy. This idea is to coincide with this year's Pow Wow theme: "*Celebrating the Awakening of Our Inner Spirit*" / "*Minaajtoong Mijivebnin Gai-chijaakminan*", so let's celebrate the energy that each one of us within by creating something physical! The art pieces will then be showcased at this year's Pow Wow in recognition of the "inner spirit" of the Wahnapiatae First Nation people! ☺

Schedule for the following age categories

YOUNG GENERATION

Monday, July 25, 2011 & Wednesday, July 27, 2011

Tots (0-6 yrs.) 9am -12pm

Tweens (7-12 yrs.) 1-4pm

Teenagers (13-17 yrs.) 5-8

OLDER GENERATION (18+)

Tuesday, July 26, 2011

1 - 4:00pm

4-5:00pm ~ Supper Break

5:00pm - 8:00pm

There is no cost for participating in the workshop, however, we do ask that those who are interested to contact the *WFN Health Department* by Friday, July 15th, 2011. That way, we are able to calculate the cost of materials/supplies that are needed for the workshop.

~ CULTURAL DAY TRIP ~

Whitefish Lake First Nation

Saturday, July 23rd, 2011

You can either book a seat or

express your interest by

Contacting

Lynn, Debbie or Crystal at the WFN Band Office

* Gas & meal honorarium will be given!! *

This is a great opportunity to check-out other communities and their pow wows...don't be shy as it will just hold you back...aambe (let's go)..let's celebrate life & dance our hearts away!!! 😊

TURTLES

Brake for Turtles!

This is the time of year that snapping turtles lay their eggs, and if left undisturbed, they will hatch by September. Throughout the month of June, the eggs are laid in sandy areas as well as on the side of road near swamps and creeks. The snapping turtle is listed as a Species At Risk. Although turtles have many predators – raccoons, skunks, foxes, coyotes, even chipmunks – HUMANS are to blame for their declining population.

Turtles may be becoming extinct on roadsides. Why? Because vehicles run them over, killing them in a single second, when they live to be up to 100 years old!

If you're one of those people who stop to 'save the turtles', it is important to BE SAFE!

Watch out for cars. Park far enough away to make room for other vehicles to go by. Use sturdy gloves if you decide to handle a snapping turtle. And make sure to carry it in the direction that it was headed.

How to carry a snapping turtle:

1) Throw on a pair of sturdy gloves 2) Grab it from behind so the head doesn't reach you. 3) Watch out for the back claws! 4) Carry the turtle in the direction it was headed.

If you decide that handling a snapping turtle is too risky, but you still want to help the little guy out, push him from behind in the direction it was headed using anything from a long stick, a snow brush, whatever works!

Kchi-miigwetch to the fellow stewards who take the time to 'rescue' these beautiful creatures.



YOUTH BOTTLE DRIVE

Date: Thursday, July 28 1- 3:30 p.m.

Please donate your beer & wine bottles/can empties to the WFN Youth Summer End Trip to Wonderland. Have your bottles ready and the youth will be making their way around to pick them up.

Thank you!!



ZUMBA CLASS

Instructor: Renee Rainville of Zumbavibe



Join the Zumba craze!! Have some fun and get fit!!

One (1) hour classes:

- Thursday, July 21 - 6:30 pm (Rocky's downstairs)
- Thursday, July 28 - 6:30 pm (Rocky's downstairs)

** if nice out we may have outside classes **

** bring your WATER **



Summer Day Camp Calendar: July 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TOTS- 0-6 YOUTH- 7-14	TOTS- 9AM-12PM YOUTH- 1PM-4PM	FOR OUTINGS: ALL AGES, PARENTS MUST ACCOMPANY THEIR CHILD(REN)			1	2
3	4	5	6	7	8	9
10	11 SUMMER CAMP REGISTRATION! 10AM-12PM 1PM-3PM	12 FIRST DAY OF CAMP TOTS- 9AM-12PM YOUTH- 1PM-4PM	13 TOTS- 0-6YEARS	14 YOUTH: 7-14YEARS	15 ADULTS NO DAY CAMP	16 ACCESSORIES MAKING
17	18 SCIENCE DAY ALL AGES TOGETHER FOR THE WHOLE DAY 9AM-12PM 1PM-4PM	19 OUTING SCIENCE NORTH 9AM-12PM 1PM-4PM	20	21	22	23
24	25 WILL MORIN ARTIST 9AM-12PM 1PM-4PM	26 OUTING BOWLING, PICNIC @ MOONLIGHT BEACH & CAPREOL MUSEUM	27 WILL MORIN ARTIST 9AM-12PM 1PM-4PM	28 ALL AGES 9AM-4PM X-MAS IN JULY 1:00PM-3:30PM BOTTLE DRIVE!!	29 NO DAY CAMP	30
31	By: Amanda Armstrong & Stéphanie Beauchesne SUMMER DAY CAMP LEADERS ☺					

← REGALLA MAKING →

Summer Day Camp

REGISTRATION DAY

Monday, July 11, 2011

10 to 12 pm and 1 to 3 pm
In the Gazebo

Come on out for a Meet and Greet and Registration with the WFN Summer Day Camp summer staff (Amanda Armstrong and Stephanie Beauchesne) and the Child & Youth Worker (Debbie Plain-McGregor).

Light Snacks and refreshments will be provided. Summer Day Camp Parent Guides will be handed out.





WAHNAPIITAE FIRST NATION

Child & Youth Programs
 Families with 0-6 Programs
 Teen / Adult programs
 All Ages / Family programs

36 Loon Way Road WFN
 Capreol, ON
 POM 1H0

Child & Youth Worker: Debbie Plain-McGregor
 Phone: 705-858-0610 ext. 117
 Fax: 705-858-5570
 email: debbie.pmcgregor@wahnapitae.nf.ca

Summer Day Camp

- at Gazebo
- Must register
- Tots 2-6
- Youth 7-14

July 2011

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Canada Day	2 Sheguianda Powwow
First Aid Training Staff, staff or members * call Debbie to register	3	4	5 Food Safety Certification (Deb+summer)	6	7 First Aid / CPR Training (students, staff)	8 First Aid / CPR Training (students, staff)	9
CAR SEAT CLINIC for families with 0-6 aged children. Appts must be booked with Debbie	10	11 Summer Day Camp Registration	12 Summer Day Camp STARTS	13 Powwow Creation Workshops	14 Powwow Creation Workshops YOUNG	15 Powwow Creation Workshops ADULT	16 Powwow Creation Workshops
TEEN/ADULT Pickup Sports Drop In—sport to be decided	17	18 Teen/Adult Sports 7-8:30	19	20 Car Seat Clinic 1pm Azilda (0-6 moms regis-	21 Nutrition Workshop 1-3 Zumba 6:30-7:30	22	23 Community Yard Sale 9-4
Community Yard Sale 9-4 Register your address for the MAP with Debbie	24	25 Art Workshops Daycamp Youth	26 Art Workshops ADULT evening	27 Art Workshops Daycamp Youth	28 BBQ 12-1 Zumba 6:30-7:30	29	30
ZUMBA all ages if can follow	31						