SPECIAL POINTS OF INTEREST:

- NUTRITION BINGO Tuesday, January 17, 2012
- CONGREGATE DINING LUNCH & CRIBBAGE - Friday, January 20, 2012
- BABY SHOWER Saturday, January 28, 2012

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C&Y WORKER CALEN-

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Wahnapilae First Malion January 2012 Mewsletter

COMMUNITY OUT IN FULL FORCE TO PARTICIPATE IN THE 3RD ANNUAL CHRISTMAS PARADE, SANTA VISIT AND POT LUCK FEAST

Chi Miigwetch to all the participants that joined in Wahnapitae First Nation's 3rd annual Christmas Parade. Larry McGregor's Float came in 1st place and won \$100. Cecil & Sandy Rattu's float came in 2nd and won \$50. And last but not least Tyler Recollet came in 3rd and won \$25. Thanks to all the participants who also did an awesome job. The WFN fire department, Myles Tyson with Santa, Evelyn & Phil and Christine & Albert who had an actual working woodstove. Forty eight adults and twenty five children came out to enjoy Santa's visit



Ist prize winner! Larry McGregor



3rd prize winner! Tyler Recollet



WFN Fire Departments Side by Side



2nd prize winner! Cecil & Sandy Rattu



January 2012

| Sun | Mon | Tue | Wed | Thu | Fri | Sat | | |
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| 15 | 16 | Nutritition Bingo 5:30 pm | 18 | 19 Education Support Worker Partents/Guardian Meeting 5:00 pm at the fire hall | Congregate Dining 12 noon gazebo | 21 | | |
| 22 | 23 | 24 | 25 | 26 Diabetes Awareness Lunch & Learn 12 pm-2 pm at the gazebo | 27 | 28 | | |
| 29 | 30 | 31 | Chief & Council Meeting Cancelled for January 2012 due to scheduling conflicts. Next Chief & Council Meeting is scheduled for February 21, 2012 - 5 pm at the fire hall. | | | | | |

SCHEDULE OF EVENTS

- January 17, 2012 Nutrition Bingo 5:30 pm at the fire hall Canteen opens at 5 pm
- January 19, 2012 Education Support Worker/Parents/Guardians Meeting at the fire hall 5:00 pm
- January 20, 2012 Congregate Dining Lunch & Cribbage Competition
- January 26, 2012 Diabetes Awareness Workshop at the gazebo from 12 noon 2 pm

NOTICE of upcoming General Membership meeting to appoint a Deputy Electoral Officer (March 28, 2012)

OFFICIAL notice will be going out.

Please ensure that the Band Office has your updated contact information.

The election code will be made available on the website in the members section.

New Year's Resolutions Word Search Puzzle

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New Year's Resolution Word List

ANNUAL **BAD HABITS** BORED

CHANGE

CHEAT ON DIET DETERMINED

DIET

DISAPPOINTMENT

EAT RIGHT

EXERCISE FAILURE

GIVE UP

JANUARY FIRST

LOSE INTEREST

NEW START

NEW YEAR

RESOLVE **SET GOALS**

WILL POWER

WORKOUT

HAPPY NEW YEAR!

Happy New Year to Everyone! I hope you had a safe and happy holiday.

The new complex is coming along. If all goes well, Rocky's should be operational by the end of the month.

I also want to welcome Christian Lachapelle to the ranks of full time staff. We know that he will be a valuable asset to WFN. Feel free to come in and chat with him about his plans and share any ideas you may have. All staff are available to meet with you to discuss your ideas, plans, and issues.

Chief Tyson



Congregate Dining Luncheon & cribbage



(for seniors 50 years & better)
Friday, January 20, 2012
at the gazebo
12 noon
Salsa Soup & Quesadillas

Please contact Wendy and let her know if you can attend. 705-858-0610 ext: 110

NUTRITION BINGO!!!

Tuesday, January 17, 2012 5:30 pm at the fire hall WIN gift certificates and fresh food!

EVERYONE WELCOME!

Regular games
.10 cents a card or 3 for .25 cents

There will be a canteen.

Canteen sales open at 5 pm

JACKPOT \$2. for 3 cards Specials
\$1. for 3 cards

Diabetes Awareness Lunch & Learn Workshop

Facilitated by: Sharlene Pitts (Diabetes Nurse Educator)
& Doreen Pippy (Nutritionist)

Thursday, January 26, 2012 12 pm - 2:00 pm at the gazebo



FROM THE DESK OF THE EDUCATION SUPPORT WORKER

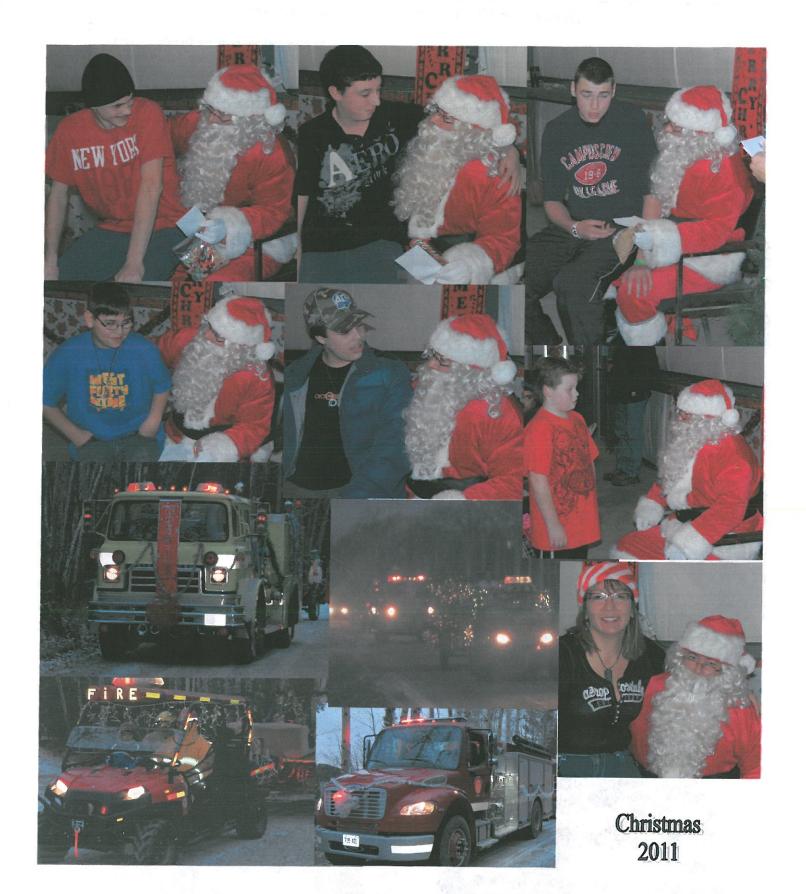
As already mentioned in last newsletter, WFN was going to install a Bus Camera Monitoring System on Jan 4th. The system has been installed as of January 4th and the cameras are not hidden, students should know that the system will be used if needed to help in keeping and maintaining a safe environment on the school bus for both the students and the bus driver. I would also like to extend an invite to all the parent/s and guardian/s to discuss the new system. I would like to go over any concerns you may have in regards to the usage of the system. Feel free to come and talk with me if you have an questions about the new Bus Camera Monitoring System or come out on Thursday, January 19, 2012 at 5:00 pm at the WFN fire hall. There will be a draw for a door prize!

Chi-Miigwetch Greg Brown Education Support Worker

I am also selling tickets to the movie 15 Keys, they are \$10.00 a ticket and will be shown at the Rainbow Cinema on Sat Feb. 25th at 9 pm. The movie was shot in Sudbury and is a Indi Film. It was done with a very small budget and I was proud to be a part of this movie. It is about an assassin who wants to quit his job with the cartel, but they will not let him go quietly. Revenge is on his mind and that is all he wants, vengeance. You can see a trailer of the movie on youtube, just type in 15 keys trailer. Some of the money is going towards buying games for the children at the cancer centre in Sudbury. So, if you would like to go and be part of a great night of fun call me for tickets.

Greg Brown





December 17, 2011 Nutrition Bingo Update

Twenty three people came out to play nutrition bingo or to enjoy homemade soup and bannock on Tuesday, December 17, 2011 at the WFN fire hall. It was Ray McGregor's first time playing and as the saying goes '1st times a charm' well I guess it was true in his case. He got to yell bingo 4 times! Ray, Shannon & Brenda won the \$25, grocery store gift certificates and Samantha Corbiere won the Jackpot! A \$100, grocery store gift card. A Poinsetta plant was on each table. Everyone had to look under their chair, if they found a ribbon (bow) taped to their chair they got to take the plant home.

Chi Miigwetch to Joan Recollet for volunteering her time and energy to sell cards and help clean up at our Nutrition Bingos! And Chi Miigwetch to all for coming out.

Remember to come to the Nutrition Bingo on Tuesday, January 17, 2012—5:30 pm at the fire hall.

Wendy Tyson - CWW





















Diabetes Awareness & Cookie Exchange Workshop Update

Chi Miigwetch to Nurse Sharlene Pitts and nutritionist Doreen Pippy for coming out to educate our diabetics and share some useful hints on eating during the festive season. Sharlene made some pineapple squares made with splenda sweetener and unsweetened pineapple which was very tasty. I tried a chocolate chip cookie recipe but substituted regular sugar with splenda and instead of margarine or butter I substituted with unsweetened apple sauce, and instead of chocolate chips I threw in some dried cranberries and pine nuts. When using splenda I would cut the sugar in half as I find it sweeter than regular sugar. Experiment on your recipes to make them healthier for you.

Live Well With Diabetes Wendy Tyson - CWW





Congregate Dining Christmas Dinner and Gift Exchange Update

Seven seniors came out for the Christmas Dinner and gift exchange. We enjoyed ham, perogies, mixed vegetables and bannock for the main course and homemade raisin pie for dessert. Everyone sipped on cranberry cocktail and gingerale while we enjoyed the Christmas music and a present exchange game. The Wahnapitae Health Department gave each senior a Christmas or parent as a momento of

partment gave each senior a Christmas ornament as a momento of the occasion.

Happy New Year! Wendy Tyson - CWW







DID YOU KNOW?

Apprenticeship is hands on training for people who enjoy learning by doing and want to work in a skilled trade. Apprenticeships are paid while gaining work experience, and their wages increase with their level of skill. Training provides access to well-paying jobs in skilled trades that demand a high level of skill, judgment and creativity. As a skilled trades worker, your knowledge can lead to a wide range of opportunities, such as working for employers in different parts of Canada, being your own boss or teaching. About 80 per cent of apprenticeship training is provided in the workplace by employers. The remainder involves classroom instruction on theory, usually given at a local community college or provided by another approved training organization.

For more information about your future in the skills industry visit their website: WWW.TRADEUP.CA



Forester Altility Arborist training program to ensure it

Committee (JFTC) monitors the Electrical complies with applicable legislation. Apprentices are normally hired every year.

Sounds good! What's the catch?

Actually there isn't one.

apprentizes at Hydro One. The Joint Forester Trades

established a Joint Apprenticeship Council to hire

The Power Workers' Union and Hydro One have

Opportunities

offer great benefits, salary packages and further career

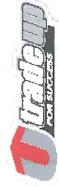
we bok to people like you to help us get there. We

We are constantly looking to the future, and for new ways to be efficient, safe and productive. That's why work environment brings out the best in people and

puts their energy to good use!

standards are high and the training is hard, but our

opportunities to those who make the grade. Our







Hydro One First Nations, Métis and Inuit (FNMI) Scholarships Application

An invitation to 1st, 2std and 3std Year University and Community College Students

Hydro One sponsors two annual awards for outstanding First Nation, Métis or Inuit students attending an Ontario college or university. In addition to a cash award, winners are given an opportunity to obtain a paid position performing developmental work with Hydro One.

TO APPLY FOR A HYDRO ONE FNMI SCHOLARSHIP

Value of Award:

- Two annual academic awards, in the amount of: \$5000 university or \$3000 college
- · Offer of a developmental work term with Hydro One Networks.

Eligibility Criteria:

- First Nations/Métis/Inuit students in good academic standing currently in their first, second, or third year of Electrical, Mechanical, Civil or Engineering/Technology, Computer Science, Forestry, Business, Information Technology, Environmental Engineering, Environmental Science/Studies – or a combination of these programs.
- In good academic standing
- Demonstrated leaderships skills and involvement in extra-curricular campus/community activities
- Demonstrated strength in oral and written communication skills
- No more than one other concurrent award of equal or greater value held in second year
- Applicants must be legally eligible to work in Canada upon graduation.
- Proof of Aboriginal ancestry (ie. Status, Treaty, Métis Membership or Nunavut Certificate Card)

Application Process/Timelines:

- Application forms are available on our website at <u>www.hvdroone.com</u> click on Careers, then select Student Awards
- Hydro One's First Nations and Métis Relations group in conjunction with Hydro One Human Resources will review applications, interview from a short list and select awardees.

Please fax applications to: Applications via e-mail to: Paul Savers (416)345-4242

aboriginal.recruitment@hydroone.com

Inquiries to:

Paul Sayers

Hydro One Student Awards Human Resources

483 Bay Street, South Tower Toronto, ON M5G2P5

Hydro One Networks, owns and operates Ontario's 28,400 kilometre high-voltage transmission network that delivers electricity to large industrial customers and municipal utilities, and a 122,200 kilometre low-voltage distribution system that serves about 1.2 million end-use customers and smaller municipal utilities in the province. The Ontario government wholly owns Hydro One.

DEADLINE FOR RECEIPT OF APPLICATIONS IS DECEMBER 31ST

FORESTRY SERVICES/PWU HIRING ALL POSITIONS - ELEC-TRICAL FORESTER/UTILITY ARBORIST APPRENTICES

The Hydro One/Power Workers' Union (PWU) Joint Forestry Training Committee (JFTC) is responsible for the establishment and maintenance of an apprenticeship training program as provided in Appendix "A" between Hydro One and the PWU.

The JFTC currently requires Electrical Forester/Utility Arborist Apprentices. The apprentices will be hired in Smith Falls/Barrie and remain there for approximately seven weeks after which they will be transferred throughout the province. The jointly organized program is a 6,000 hour apprenticeship that, when successfully concluded, provides Electrical Forester Journeyperson/Utility Arborist status. Applicants require their completed Ontario Secondary School Diploma (or equivalent) including Grade 12 Mathematics and English to qualify for the position. Applicants must also have related employment experience, related post-secondary education and the demonstrated ability to work at great heights. Applicants must also be willing to move around the province. Before you apply, please make sure you have completed these items:

Ontario Secondary School Diploma with <u>completed</u> Grade 12 Math and Grade 12 English – or Out of province equivalent.

Updated resume in MS Word format (no wordperfect, no skydrive – only MS Word) with an objective – don't just send a resume.

Copies of your high school transcripts Working email address No fear of heights

If you are a qualified ABORIGINAL (First Nation, Métis and Inuit) candidate, please send your resume to the attention of Paul Sayers, Aboriginal Recruitment Consultant, Hydro One at aboriginal.recruitment@hydroone.com

From there, you will be sent information on how to apply. Please note, that only those who have their OSSD (or equivalent) **including Grade 12 Mathematics and English** qualify for the position. **NO EXCEPTIONS**. This is a very competitive process and only those who have the above requirements plus additional experience will be considered.

DEADLINE TO APPLY IS FEBRUARY 10TH, 2012 TO BE CONSIDERED FOR POSITIONS AVAILABLE IN 2012.

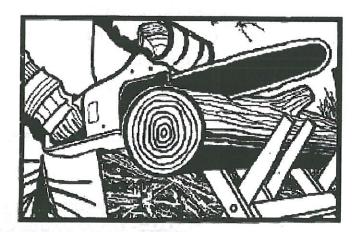
Sustainable Development Department



Chainsaw Certification Course

The Sustainable Development Department is looking for community members who are interested in getting their chainsaw certification. Participants will be asked to follow a three day course with of mix of in class and field work.

For more information or to register please contact the Sustainable Development Department at 705-858-0610 ext. 107.



Deadline to register is January 27th, 2012!!!!!

Sustainable Development Department



Wilderness Advanced First Aid (WAFA)

Members of the Great Spirit Circle Trail in M'Chigeeng are looking for people interested in following a 4 day (40 hours) Wilderness First Aid Course.

Upon successful completion, participants will receive certification in Wilderness Advanced First Aid and CPR Level A valid for three years. Students will also receive the following books during the course:

- Field Guide for Wilderness Medicine and Rescue
- SOAP Notes Booklet
- The Outward Bound Wilderness First Aid Book
- CPR Guidelines
- WAFA Class Notes

For more information contact the SD department at 7105-858-0610 ext. 107.



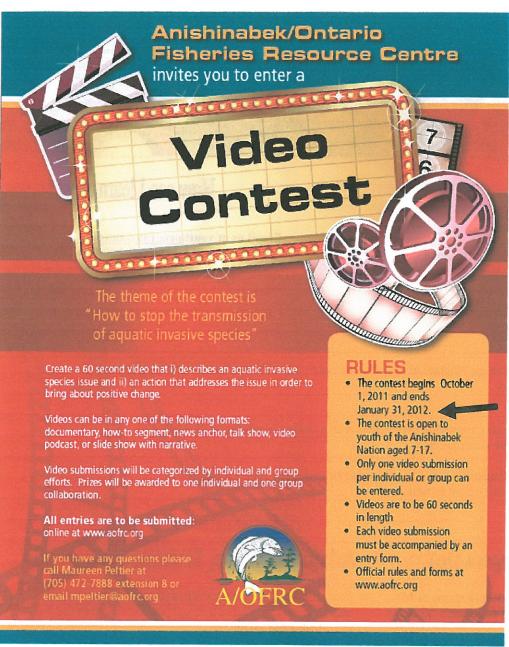


Deadline to register is January 27th, 2012!!!!!



submissions is March 30th, 2012

Deadline for video



extended to March 30, 2012

The Anishinabek/Ontario Fisheries Resource Centre is proud to announce the prizes for the "How to stop the transmission of aquatic invasive species" Video Contest. For the top video in the Individual category, the winner will receive a 32GB Apple iPad 2!









Ontario Rangers

Do you

- Need a summer job?
- Want to help the environment?
- Enjoy the outdoors?
- Seek out new adventures?
- Like to make new friends?

How can I learn more?

Email us at youthprograms.mnr@ontario.ca_or call us at 705-755-2014 or 1-800-930-2014

Were you ... Born in 1995?

If so, the Ontario Ranger Program might offer the once -in-a-lifetime summer job experience that you are looking for!



This program aims to provide participants with a unique combination of work, learning and life experiences.

The Ontario Ranger Program, which used to be called the Junior Ranger Program, is now celebrating its 68th year!

What do Ontario Rangers Do?

As an Ontario Ranger, you will live and work at one of 13 Ontario Ranger camps across the province for eight weeks in the summer.

Some of your work projects may include:

- Working in Ontario Parks --creating and maintaining portages, hiking trails and water access points
- Assisting in research of species at risk and other wildlife
- Planting and cleaning-up along streams
- Creating and monitoring habitat for fish and wildlife
- Participating in local community events

After working as an Ontario Ranger you will have practical work experience to include on your resume.

Additional Skills, Training & Education

You will also gain valuable job skills and training in such areas as:

- · Health and safety
- First aid
- Leadership skills
- Team building
- Time management and professional work ethic Other learning opportunities may include:
- Tours (fire centers, pulp and paper mills, fish hatcheries, wildlife centers, and much more)
- Camping and canoeing skills
- Local Aboriginal events

Can I also obtain two high school credits & get paid for it?

The Ontario Ranger Program may offer you the opportunity to obtain two high school co-operative education credits during your eight week summer work term...AND get paid while you're doing that! Please see the Ontario Ranger Co-op Credit Program http://www.mnr.gov.on.ca/en/Business/Youth/2ColumnSubPage/257.html for more info on this opportunity.



Announcing our Tourism Training Initiatives!

We are pleased to announce our upcoming training sessions – Heritage Interpreter, Service Exhelience and Wilderness Advanced First Aid (WAFA). Each of these programs will provide skill enhancement toward employment in the Tourism industry …a growing opportunity in the Prevince of Ontario and throughout Canada.

The training programs are provincelly and nationally recognized ...skills that are transferrable for perticipants no matter where they choose to work within Canada! In addition, if you have more than 10 people in your community presumanding area and want to host any of our training programs we can bring the training to you!

These attached poster buttining the above for your reference and distribution within your community—we ask your assistance in distributing this information and encouraging your community members to register...learning and growing in the tourism industry has many positive effects on community development and sustainability....we cope you will be part of this tremendous opportunity!

Thank you for your assistance and should you require any additional information, please do not hesitate to contact me. Take a few minutes to access our website to learn more about the Great Spirit Circle Trail and tourismwhat an exerting time to be in the industry:

Sincerely,

Manesa Corbiere

Tourism Business Development Officer

www.Circletrajl.com

Email: mcarbiere@circletrail.com



" Working Together"

Waitefish 1 also Eirst Nation

> Sacamak Anidos mbek

Sergeoi River First Mation

Misyissanga First Nation

> Thessalon First Nation

Garden River First Nation

> Datchewana First Nation

North Shore Tribal Council

> HEAD OFFICE: P.O. Box 28 Hwy, 17 East Outler, Onland POP 180

Tol: (709) 844-2340 Fax: (705) 844-2563

HKAUTH PROGRAM: Tet: (705) 844-2021 Fax: (705) 844-2844

BRANCHOFFICE P.C. Box 2048 1 Industrial Park Ro., C. Stind River, Onlaric PCR 180

Tel: (706) 356-1691 Fax: (705) 356-1090

Aanii

Need of Financial Assistance

Mamaweswen, The North Shore Tribal Council Niigaaniin Services is the delivery agent for the purposes of Ontario Works for the Wahnapitae First Nation.

The NIIGAANIIN Program is an "active" social assistance program.

Niigaaniin Project is the implementation of the Ontario Works legislation that is culturally appropriate and based on community specific needs that are delivered through a client case management model within the seven-north shore First Nations.

Niigaaniin Program deliveries the full Ontario Works, financial, employment and ASI (Addictions Services Initiative) which is an enhancement to employment.

If you are in need assistance please call, Victoria Petahtegoose at 705-692- 9771. Once contact is made an appointment will be scheduled and you will be required to bring the following documents with you to the appointment:

Spouse to be present with you Birth Certificates for everyone Identification for everyone Child/Spousal Support Papers Income Tax Return/Assessment Income (EI, WSIB, Pay Stubs) Social Insurance Numbers for everyone

Dependants over 18 to be with you School Attendance Health Cards for everyone Rent Receipts, Hydro & Heating Bills List of Assets (Car, Boat, ATV) Bank Book & has to be updated

Should you have any questions please contact Victoria Petahtegoose at 705-692-9771

MCGUINTY GOVERNMENT MAKING POSTSECONDARY EDUCATION MORE AFFORDABLE

Starting today, Ontario students can apply to get 30 percent off the cost of their tuition.

To help deep the cost of postsecondary education affordable the government is taking 30% off the average tuition for families—that means \$800. for undergraduate university or college degree students and \$365. for college diploma and certificate students this semester.

This September the permanent 30% OFF Ontario Tuition grant will apply to the full school year. Students in a university or college degree program will save \$1,600, while students in college diploma and certificate programs will save \$730.

More than 300,000 undergraduate students are eligible to receive the new grant this year. Students who already receive OSAP will be automatically considered.

Because the grant is calculated to be 30% off the average Ontario tuition, the amount of the grant will keep pace with any increased future costs - meaning it will always be 30 per cent off the price of tuition.

Helping Ontario students with the price of tuition is part of the McGuinty government's plan to keep postsecondary education within all families' reach, while building the best-educated workforce in the world. That leads to a stronger economy, and creates good jobs.

QUICK FACTS

Students must be less than four years out of high school and their parents' gross income must be \$160,000 or less to qualify for the grant.

- Students with disabilities may receive the grant for us to six years of study
- To fully offset the costs of the new tuition grant, efficiencies and savings were found including: the elimination of the Ontario Textbook and Technology Grant, as well as the Ontario Trust for Student Support and the phase-out of the Queen Elizabeth 11 Aiming for the Top Scholarships.
- Ontario has created 200,000 additional postsecondary and apprenticeship spaces and, by reinstating student access grants, has tripled the number of grants available to students since 2003.

Find more about how to apply for the new 30% Off Ontario Tuition at: Ontario.ca/tcu-news

Teen / Youth Boxing Outing

Top Glove Boxing Club
- Match Night
Saturday, December 3, 2011

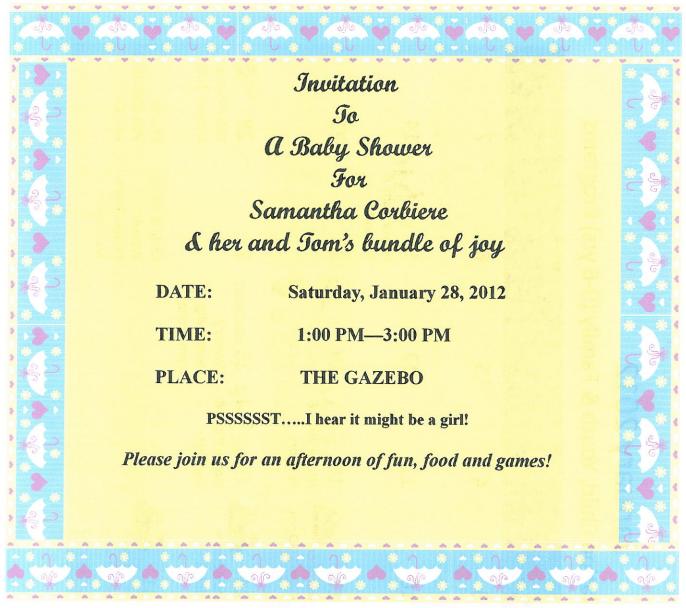






On Saturday, December 3, 2011 we sat ringside at the Top Glove Boxing Academy in Sudbury for a Match Night. We began the evening with a healthy dinner at Subway which was chosen by Nicholas Recollet. After dinner we arrived early and sat ringside to watch the event. (Note for future.. ringside is the action area.. there may be spit or blood!) Unfortunately many teens could not make this date. This was originally scheduled for November 25. Hoping for teens/youth can come out next time.

Thanks goes out to the
Top Glove Boxing Academy and Greg Brown
Our Education worker (also a boxing coach there)
who got us a donation of 3 tickets to attend the event.
Milgwech, Debbie, CYW



Winters Coming!



 $\begin{tabular}{l} January~2012 \\ Wahnapitae~First~Nation~Child,~Youth~\&~Family~(0-6~yrs)~Programs \\ \end{tabular}$

| | | | | a Parente | ower 1pm | 3-0610 |
|---------------|-----------|---------------|--------------------------|---|---|--|
| 2 | Saturday | 7 | 14 | 21 | 28 Baby Shower Gazebo 1pm | Phone: 705-858-0610 ext. 117 |
| 2011/01/ | Friday | 9 | 13 Home Visits & Support | 20 | 27 % | Child & Youth Worker: Debbie Plain- McGregor |
| 0 0 1 4 11111 | Thursday | 28, 201 14 | 15 January | Sits & Movies Gazebo 5:30-7:30 | 26 Education Worker / Parent Mtg 5 pm firehall | a r |
| | Wednesday | this is | 11 sofficer | 18 Home Visits & Support | 25 STATES 26 Education Home Visits & Worker / Support 5 pm firehall | |
| | Tuesday | m | 10 | Nutrition Singo 5:30 pm | 24 Club 4 – 6 pm | 31 Homework Club 4 – 6 pm |
| | Monday | 2 | 6 | 16 Zumba Monting 7-8pm Capreol (leave 6:30 back 8:30) | 23 Zumba Monda Couting 7-8pm Capreol (leave 6:30 back 8:30) | 30 Zumba Mario Outing 7-8pm Capreol (leave 6:30 back 8:30) |
| | Sunday | П | ∞ | 15 | 22 | 29 |