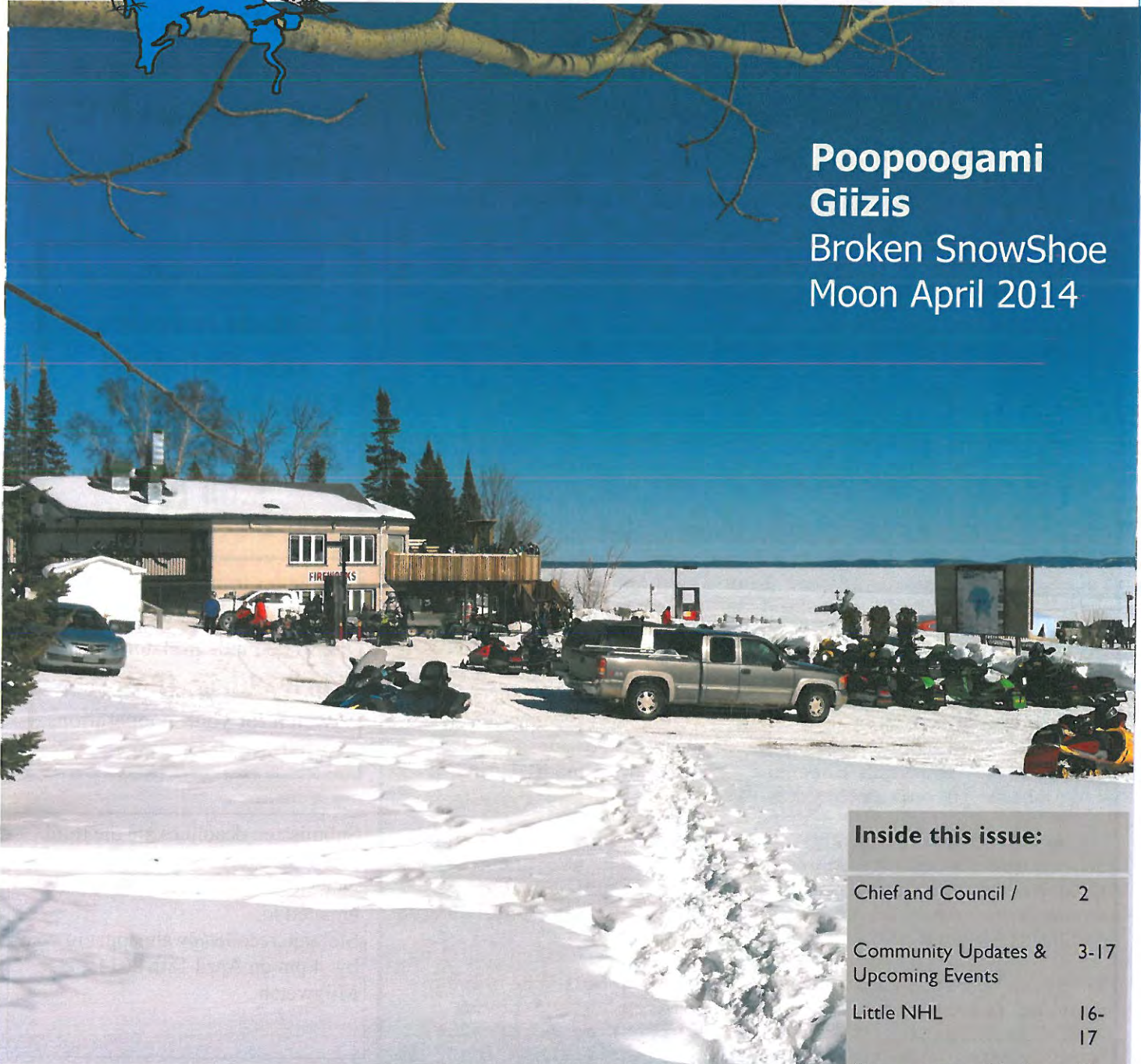


Wahnapi'tae First Nation



Wahnapi'tae First Nation Community Newsletter

**Poopogami
Giizis**
Broken SnowShoe
Moon April 2014



*Long Winter Great for Local Business
and Snow Mobile Enthusiasts!*

The radar runs happened on March 9th, 2014 out front of Rocky's.

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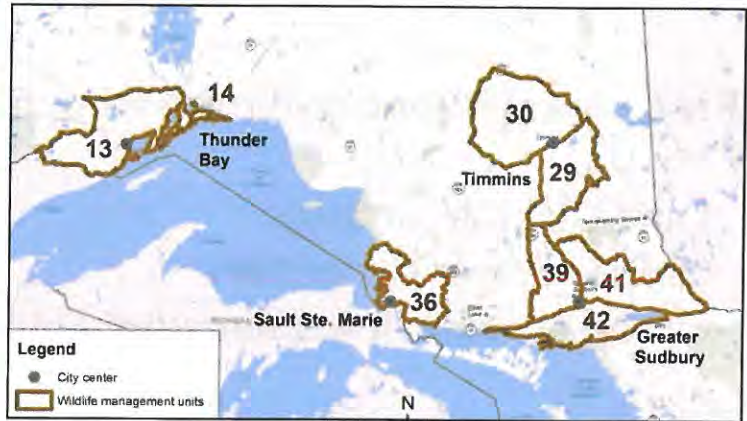
Sudbury Approves Spring Bear Hunt 'Pilot Program'

Black bear management pilot in north sourced from [CBC News](#)

The Ontario government says it will once again allow the hunting of bears this spring. The province cancelled the spring bear hunt amid much controversy in 1999. But, Minister of Natural Resources David Orazietti said a limited hunt will be tried out for the next two springs.



Under the proposed pilot project, hunting bear cubs or females with cubs would be illegal. The province will monitor and evaluate the success of this pilot project on an ongoing basis.



Bear hunt areas for Ontario's proposed spring bear hunt pilot program. (MNR) Wahnapitae falls under Wildlife Management Unit #41

The hunt will only be in certain parts of the North — mostly around major cities such as Timmins, Thunder Bay, Sudbury, Sault Ste. Marie and North Bay. The MNR said the hunt will also only be open to Ontario residents. The hunting of cubs — as well as female bears with cubs — is prohibited. This limited early season would be for licensed Ontario resident and recreational hunters from May 1st to June 15, beginning in 2014.

Sudbury city council chose to opt into the province's partial spring bear hunt, joining Sault Ste. Marie, North Bay and Timmins councils. Thunder Bay council is expected to throw its support behind the program, as well. "The whole intent is to keep them from coming in (to the city) looking for food," Mayor Marianne Matichuk said after the meeting. "The problem is, the population of bears is very high now and with that, they come into the cities more. The intent is to have licensing so that people can hunt the bears ... so that we can lower the population."

Wahnapitae First Nation members have been invited to comment on the pilot. Submissions can be dropped off at the Band Office or directly to David Orazietti, Minister of Natural Resources:

Room 6630, Whitney Block
99 Wellesley Street West
Toronto ON M7A 1W3

Wahnapitae
First Nation



First Nations
Market Housing Fund

POOPOOGAMI

HOME OWNERSHIP AND YOU

Come join us for more information on qualifying for a Mortgage/loan to build, purchase or renovate a home On Wahnapitae First Nation.

INFORMATION SESSION

Saturday May 3rd, 2014

11:00 a.m. to 12:00 p.m.

Maan Doosh Gamig Hall

One-on-one personal meetings with representatives of First Nations Market Housing Fund. Call WFN Housing Co-ordinator to make an appointment.

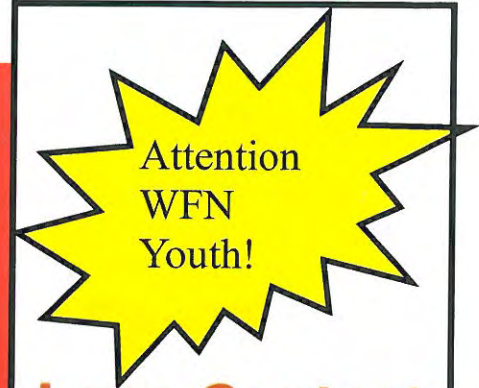
OUTREACH

Saturday May 3rd, 2014 from 1:00 pm—3:00pm
Centre of Excellence

For more information please contact Al Armstrong at (705) 858-0610 x 210 or through email: Al.armstrong@wahnapitaefn.com

A Message from WFN's Waste Diversion Team:

Please remember to recycle when doing your spring cleaning this year! And Bears will be waking up, so beware: be Bear Aware!



Logo Contest

Wahnapitae FN youth have been asked to help with the design of a logo for the upcoming federal/provincial Energy and Mines Ministers Conference in Sudbury this summer.

Rules: The elements to the logo would need to include the Sudbury Nickel in its iconic form, but also a First Nations' theme as a key element in bridging to Sudbury and area's past, present and future

WINNER GETS: \$150

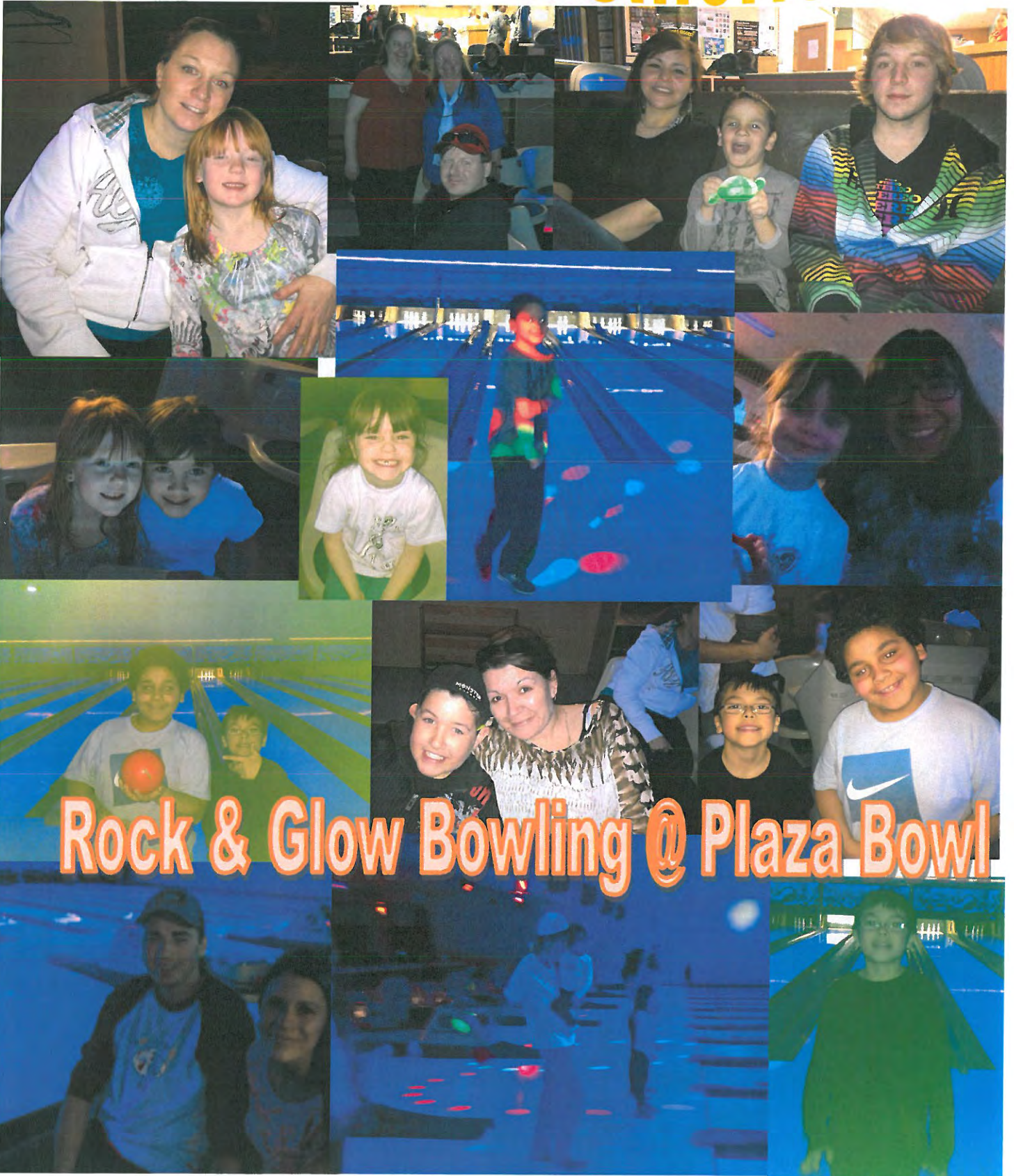
(plus recognition) for assisting with the design concept, which would then be transformed into the graphic to be used on stationary, webmail, etc.

Example: (but add some Nish flare)



March Break Memories

POOPOOGAMI



Rock & Glow Bowling @ Plaza Bowl

POOPOOGAMI GIIZIS—BROKEN SNOWSHOE MOON—APRIL 2014

W.F.N. Sliding Party & Snow Sculpture Contest



1st Place RAVEN & LILY PLANTE



POOPOOGAMI GIIZIS—BROKEN SNOWSHOE MOON—APRIL 2014

Bread & Roses Food Bank

The Food Bank in Capreol is open **every 3rd Tuesday of each month from 10:30-12:00 pm. at the Trinity United Church.** You need to inform them of your current address. They continue to serve those in need from Capreol & Wahnapitae First Nation.

Should anyone wish to donate any non-persishable Food Items, or a monetary donation please contact Debbie Plain-McGregor at the Centre of Excellence at 705-858-7700 ext. 221 or by calling the Food Bank volunteers at 705-858-3630.

The volunteers also advised that they have great deal with Foodland in Capreol. Keep shopping local to keep the store in business. So they can continue their partnership.

Miigwech!

NEXT DATE:

TUESDAY, APRIL 15, 2014 @ 10:30—12:00

(VAN WILL LEAVE AT 9 A.M.)

If you require Food Bank and transportation assistance please call 705-858-7700 and speak to Debbie (ext. 221) or Wendy (ext. 219) at the Centre of Excellence.

Parent Support Group

There is a Parent Support Group hosted by the Healthy Choices Program at Shkagamik Kwe Health Centre.

Monday, April 14, 2014 @ 5 p.m.– 7:p.m. (van at 4p.m—8 p.m.) Childcare is offered at Jubilee.

Please call Debbie if you would like to book your spot in the van AND to register with Carol Anne at SKHC.



Mark your calendar

Healthy Choices Program COMMUNITY KITCHEN

At Shkagamik Kwe Health Centre

Wed April 9 2014 @ 10-1 p.m. (van 8:45 to 2:30 approx.)

Wed April 30 2014 @ 10-1 p.m. (van 8:45 to 2:30 approx.)

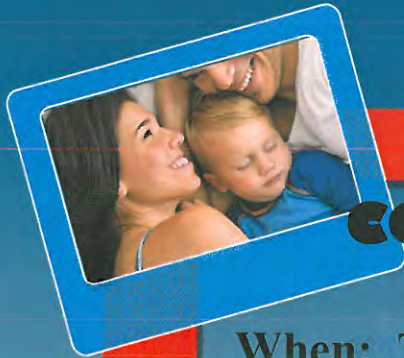
Make and take a full meal to take home & enjoy a home cooked lunch. Childcare is Available.

- **Make and take a full meal to take home & enjoy a home cooked lunch (bring containers)**
- **Enjoy a home cooked lunch**
- **Childcare is available (must book in advance)**
- **Great for learning practicing kitchen skills**
- **Good for networking and support with other parents**
- **Call Debbie to book your space 705-858-7700 ext. 221**
- **Sign up for one or both dates**





Parents & Parents to be:
Mark your calendar



COLLECTIVE KITCHEN

For Expecting &/or 0-6 Parents

When: Tuesday Apr 22, 2014 (planning)

Time: 10-12 in Maan Doosh Gamig refreshments)

When: Thursday April 24, 2014 (cooking)

Time: 10-1 in Gazebo or in hall TBA (lunch provided)

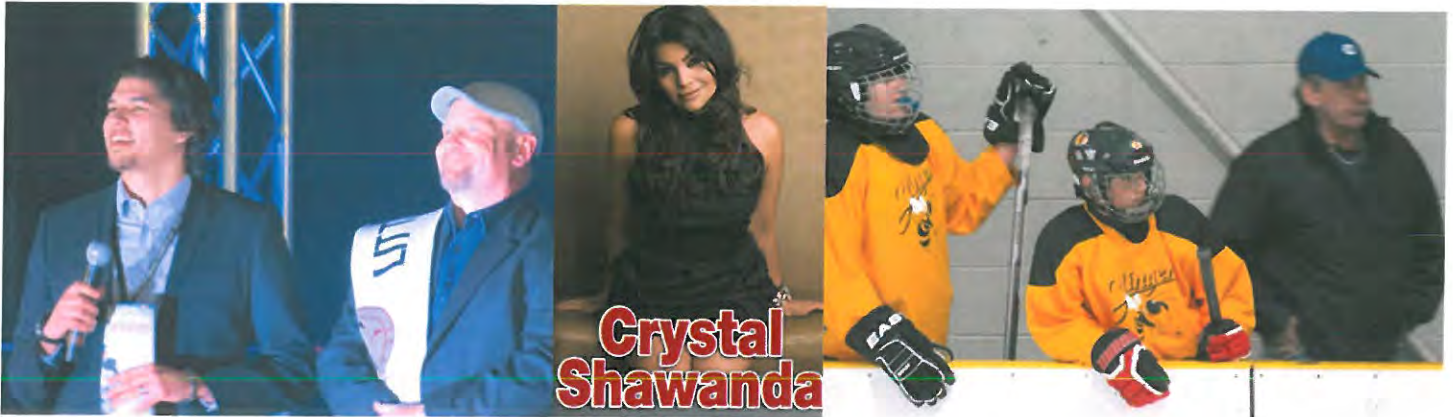


- **Planning and Cooking a meal on a budget (you will cooperatively plan and make 4 meals to take home)**
- **Unfortunately *no childcare is available*, feel free to bring a family member to watch your child as you cook**
- **Program offered by WFN Prenatal & Healthy Babies program & Best Start Hub / Our Children, Our Future—Kim Gravelle**
- **Call Debbie to book your space 705-858-7700 ext. 221**
- **SPACE IS LIMITED TO 4 PARTICIPANTS (FAMILIES)**





A Little NHL Story...



For March Break Taylor and Jake played in the LNHL. We attended the opening ceremonies on Sunday night what a great event. They had Don Cherry there, in his green plaid suit, former NHL players like Wendal Clark, Brandon Nolan, and even some players from the OHL. Then they had Crystal Shawanda come and sing the National Anthem what an amazing voice. They then introduced all of the teams in alphabetical order, this year there were 167 teams with over 3000 players; the arena was full.

Jake played for the Atikimeksheng First Nation Bantam team and Taylor played for the midget girls team. They met new friends both from their team and also just in the hotel.

Jakes Team played very hard with two wins and one loss which unfortunately put them out on Wednesday.

Taylor's Team also played very hard with two wins one loss but got to move on Wednesday into the finals. They played CMO for the third place and won 2-1 what an awesome game. Which put them third overall.

It was with great pleasure to attend such an awesome event. Hope to do it again next year.

Member submission by Marilyn Nicholls





POOPOOGAMI GIIZIS—BROKEN SNOWSHOE MOON—APRIL 2014

Anishinaabe Stories for Poopoogami Giizis

In this month, the water is very busy in its work. The ice begins to shift and melt. Late *Onaabani Giizis*, March & early April; lakes, rivers, and streams begin their annual “turning over of the waters.” The water needs to stretch and roll over. As a result the water becomes murky and dark because all of the sediment on the bottom is forced to the top. We call this time *Aanjigamiibeg*, the water turning over time. In the past, fishing and spearing would cease until the waters were done rolling over. The fish eggs hatch and become fingerlings during this time. Frog eggs also begin to pulsate at this time, and as the waters warmed, the eggs would gradually grow into *Boodoonsag*, pollywogs.

Beautiful spirit dancers from the Northern night Sky would signal the beginning of the turning over process. In the distance, loud thundering noises can be heard from the ice breaking, cracking, and shifting on the waterways. All day and night, these great explosive sounds could be heard through the trees. In times of long ago, the traditional people said that the ice sounds were like the “Great Spirit’s drum.” At night, people would gather outside to wonder and marvel; to feel connected with their ancestors, the spirits that dance in the other world. This gathering was always done with respect, honour, awe and remembrance. More than a few tears would fall; but it was a strengthening time, one that was good for the self, the soul, and the spirit.

Moon of the Broken Snowshoes, is also the time to put away the snowshoes that have carried one on top of the snow throughout the entire Winter. These snowshoes are now worn out and broken from walking on the hard crust snow. This moon also marks the end of Winter as it turns from one stage to another, from hard crust snow to *Ziisibaakwat*, maple sugar, time. The sugar bush is a time of hard work. There is cutting and gathering of wood that needs to be done. Water needs to be hauled and boiled in order to wash off the rust that has accumulated on the pails. Then the trees must be tapped, and pails hung to catch the sap; as it flows once again with the warming weather. When the pails are full, the sap must be collected and brought to the great fire for *iskigamizige*, continuous boiling. The sap must be cooked non-stop, twenty-four hours a day, until it is done. The rewards for this effort are maple syrup, sugar, and delicious Anishinaabe-style candy.

Iskigamizige Giizis, Boiling Sap Moon signalled the end of Winter. It was the time when the snow began melting away, and the Elders would begin to tell their beautiful stories of *Ziisibaakwat*, maple sugar, and how it came to the people. These stories were usually told during feast gatherings, before the onset of *iskigimizigewin*, sap boiling down time. *Excerpt from Anishinaabe Almanac by: Edward Benton-Banai*





TORONTO 2015
Pan Am/Parapan Am

Sports

Culture

Lifestyle

Volunteer

Enjoy sports? Like the Olympics? Excited for the TORONTO 2015 Pan Am/Parapan Am Games? The Aboriginal Youth Working Group of TO2015 is looking for youth representatives aged 18 to 24, to volunteer for the 2014 North American Indigenous Games in Regina, Saskatchewan, from July 20 to 27, 2014. As part of TO2015's delegation, this is a great opportunity to assist Team Ontario's officials in representing Ontario athletes, while learning more about multi-sport events. Volunteer at NAIG and spread the word about the TORONTO 2015 volunteer program, presented by Chevrolet.

All expenses will be covered by TO2015.

For more information and to apply, please contact:

Kenn Ross, Senior Manager, Aboriginal Relations, TO2015

kenn.ross@toronto2015.org

416-957-2064

NORTH AMERICAN
**INDIGENOUS
GAMES 2014**
REGINA • SASKATCHEWAN



**2014 JEUX
AUTOCHTONES**
DE L'AMÉRIQUE DU NORD
REGINA • SASKATCHEWAN

NUTRITION

BINGO

Thursday, April 10, 2014
Maan Doosh Gamig Hall
Bingo starts at 5:30 p.m.

Fundraising Canteen Open at 5:00 p.m.
Mooz Steak On a Bun Special \$5.00
Homemade Potato Soup \$2.50
Granny Cake \$2.00 a slice
Beverages \$1.00 each
Hosted by the Cultural Advisory Committee



PEACE HILLS TRUST[®]

32nd Annual Native Art Contest

DEADLINE:
AUGUST 1st, 2014

Adult
1st - \$5,000
2nd - \$3,000
3rd - \$2,000

Youth
1st - \$300
2nd - \$200
3rd - \$150

winning piece to be used on the
PEACE HILLS TRUST
2015 wall calendar

submitted art will be made
available for purchase at the
PEACE HILLS TRUST
art show

peacehills.com

