



# Wahnapiatae First Nation Community Newsletter



**MakwaGiizis**  
Bear Moon  
February 2015



*WFN's First Round Dance A Magnificent Success!*  
The dance was held at Maan Doosh Gamig on January 27, 2015.

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# ANISHINABEK NEWS



The voice of the Anishinabek Nation

## Wahnapiatae youth hopes to create partnerships in mining

By Rick Garrick

WAHNAPITAE FIRST NATION – Dakota Recollet has a long-term goal to help First Nation communities create sustainable development partnerships with mining companies similar to her own community's partnerships. "Wahnapiatae does a lot of work and partnership agreements with the mining companies that surround them," says the 23-year-old fourth-year Laurentian University geology student and mother of four young children. "They've done a lot of really good work in regards to the environment and keeping everything so it is sustainable for their community." Recollet says her community has been working with mining companies for about 20 years. "They had a really good partnership with Vale, (one of the mining companies) in Sudbury," Recollet says. "And now they have developed another partnership with Glencore, (another mining company in Sudbury), that is going on for quite a few years as well. Both mines have locations that are really close to the reserve, so they have a good team in Wahnapiatae that focuses on sustainable development and these agreement to make sure the mines are operating properly and making sure they are not damaging the environment." Recollet says her community is one of the few that have developed sustainable development partnerships with mining companies.



"One day I hope to bring that knowledge to other communities and help them," Recollet says. But for now, Recollet plans to return to her summer position in Glencore's Sudbury Operations exploration department this upcoming summer, where she has worked for the past two summers. "I still have a lot of things I want to look at," Recollet says. "There are a lot of opportunities in geology."

Once Recollet completes a couple of courses next fall to earn her geology degree, she aims to continue her career with Glencore. "The job I've been doing is a lot of outdoor work — the first summer I was there I did a lot of their environmental assessments (on) the drills they were doing," Recollet says. "After their (exploration) drills closed up, I would go in and make sure the drilling company cleaned up properly." Recollet also did environmental assessments on some older drill sites that had not been completed in past years. "This past summer I was working more with their geophysics modelling because I was pregnant," Recollet says, noting she learned a variety of skills and information over both summers at Glencore. "It was kind of interesting to see the work that they do. They put a lot of (effort) into their exploration."

Having always been interested in geology since she was young, Recollet signed up for a few elective courses in earth sciences during high school, which steered her towards studying geology at Laurentian. "(It's) been hard, but interesting," Recollet says about her university studies. "I have four children, so being a full-time student and taking care of my kids has been quite a struggle but I'm enjoying it. I like learning the information; it's really interesting."

While her children are enrolled in daycare during the day, Recollet usually gets help from her family to look after her children whenever she has evening classes. "My oldest son is five," Recollet says. "I don't think they quite understand what I do yet."

Recollet says a second-year mineralogy course was the most interesting course during her geology studies. "It's probably the toughest course I've taken so far but it was also the most interesting," Recollet says. "I just took a structural geology course too, which is cool because it shows you how to determine where there are faults under the ground and what kind of surfaces are safe to mine on."

- See more at: <http://anishinabeknews.ca/2015/01/14/wahnapiatae-youth-hopes-to-create-partnerships-in-mining/?sthash.5n9xq4ui.mjjo#sthash.5n9xq4ui.sWY6gy2h.dpuf>



# WFN Fan Bus Lumberjacks vs. Bears



## tickets

\$18 General

\$16 students / seniors

\*includes \$10 transportation

\* children must be accompa-  
nied by an adult

### WHEN

**Sat. February 7, 2015**

**7:30 p.m. (bus leaves Centre of Excellence at 5:30 p.m.)**

### WHERE

**Sturgeon Falls, ON**

**219 O'Hara Street, Sturgeon Falls, ON**

STURGEON FALLS LUMBERJACKS IS A JR A TEAM IN THE GREATER METRO HOCKEY LEAGUE (GMHL) • Paul Recollet #17 • drafted in January 2105 • former player of Capreol Royals • former player of Rama Aces • February 7 Lumberjacks take on Cambridge Bears

### At the door

\$10 adults

\$8 students / seniors

(Group rate available for bus riders \$8 adult/ \$6 student / seniors)

### For more info

To purchase & book your seat on the bus please contact Debbie Plain-Mcgregor at 705-858-0610 ext. 221.

Seats must be paid in advance





# CSS - Congregate Dining Christmas Dinner Update

On December 16, 2014 the WFN Community Support Services Program hosted their monthly Congregate Dining Dinner. This year the seniors wished for liver, onions, bacon served with mashed potatoes, glazed carrots and that is exactly what they got. Each person brought a gift for the gift exchange and we played steal the present. This year there was only one steal. I guess this could mean that everyone was pleased with their gift. Each senior also received a gift from the program.



Congregate Dining happens once a month and is for seniors 50 years young or better. All community members are invited to come out for a home-made meal. It is a great way to get to know your community members and just sit back, relax and enjoy the ambiance. If you are 50 and your partner has not reached that age, they are still welcome to join you. You must call at least three days in advance to get your name so I will know how many to accommodate.

For more information please contact Wendy at 705-858-0610 ext: 219

# DAILY CALENDAR DRAW WINNERS for December 2014

SUNDAY	MONDAY	TUESDAY	WEDNES- DAY	THURS- DAY	FRIDAY	SATUR- DAY
	1 Jamie Roque \$25.	2 Norman Recollet \$25.	3 Shannon Skelliter \$25.	4 Veronica Cha- rette \$25.	5 Merissa St. Lous \$50.	6 Jason Williams \$25.
7 John Hitse \$25.	8 Charlene Roque \$25.	9 Eric Knopchuk\$425.	10 Jocelyn Chappel \$25.	11 Jason Williams \$25.	12 Veronica Charette \$50.	13 Nicole McLean \$25.
14 Les Smith \$25.	15 Peter Recollet \$25.	16 Myles & Wendy Ty- son \$25.	17 Mary Roque \$25.	18 Alex Hornick \$25.	19 Pat Roque \$300.	20 Melanie Anwatin \$25.
21 Sandra Corbriere \$25.	22 Pat Roque \$25.	23 Ron Leclair \$25.	24 Lloyd Burke \$25.	25 Big Clouc & Becky Osawamick \$25.	26 Samantha Corbriere \$50.	27 Mary Roque \$25.
28 Adele Malcew \$25.	29 Colleen Chevrette \$25.	30 Evelyn Williams \$25.	31 Mike Cote \$25.			

Are you pregnant or recently had a  
baby ?

Do you live in the Valley East area?



**Our Children, Our Future**  
**Nos enfants, notre avenir**

If yes, join us for a **FREE** informal prenatal and post natal discussion  
in a welcoming and supportive environment!

PLEASE CALL TO REGISTER AT 705-969-4040 EXT. 264

**Each participant will receive:**

\*Milk vouchers!

\*A Good Food Bag with fresh vegetables, fruits, a protein source & eggs!

\*Healthy Snack provided!

Capreol  
Public Library  
&  
Redwood Acres  
Public School in  
Hanmer



Offered every 1st &  
3rd Friday of the  
month.  
10:00-11:30.

If you are interested in attending, please call Debbie Plain-McGregor at 705-858-7700 ext. 221 to register. The van will be booked.

Topic for February 6 is SIDS—Sudden Infant Death Syndrome & Safe Sleep;  
February 20 is Post Partum and Baby Blues with the Health Nurse.

# Mkwa Giizis–Bear Moon

## FEBRUARY (MKWA GIIZIS) - BEAR MOON

“The second moon of Creation is Bear Moon—when we honor the vision quest that began in the fall. During this time, we discover how to see beyond reality and to communicate reality through energy rather than sound. This moon also gives us a special teaching about the birth of bear cubs. In February, there is one morning when there is a heavy fog in the air and the traditional person knows that this is happening.”



*Yahoo Images: February Bear Cub*

(Source: Thirteen Moons Curriculum onlc.ca/wp-content/uploads/2014/06/13-Moon-curriculum2.pdf)

In our teachings, we were told from Elders that in the moon of February, bears would wake up from their hibernation and send their young cubs out to see what the weather was like. If it was too cold, they would hibernate for six more weeks. Today this has been modernized in that, we celebrate “Groundhog Day”

### Special points of interest:

- *Meaning of Mkwa Giizis*
- *February Powwow Fundraising*
- *January Round Dance Photos and Report*
- *We are currently in the planning stages for February's cultural event/workshop, please see posting at WFN Centre of Excellence*

## FEBRUARY POWWOW FUNDRAISING

1. Nutrition Bingo Powwow Special Thursday, February 5th, 2015 5pm-8pm. Come on out and play a game with us to support our powwow fundraising for this

- year's 20th Annual Traditional Powwow!
2. Daily Cash Calendar Fundraiser Tickets are now being sold for the month of March.

Get your ticket at the

WFN Centre of Excellence or from any Cultural Advisory Committee Member.

Miigwetch for your support!

## ROUND DANCE SONGS, STICKMAN, & SINGERS

The songs used for Round Dances have a structure similar to powwow songs, but their content is quite different. The language used is a short English message combined with vocabularies such as "hey ya." The singers use their own hand drums and hand drum sticks.

The Stickman is a man who is chosen by the organizers or sponsors to help run the Round Dance. His job is to welcome all of the Round Dance singers with an offering of tobacco ties. He then takes their hand drum, smudges it and places it on a

clothed table in the centre alongside all of the other hand drums. He then gathers all of the hand drum sticks and presents them to a Lead singer. This selected Lead singer then passes out the bundle of sticks to those that he would like to sing with him and proceeds

to sing 4 of his own selected Round Dance songs.

There are usually 7-8 lead singers throughout the evening. The Round Dance is complete when all Lead singers have finished their songs and the Stickman concludes with 4 songs of his own, including a giveaway and closing song.



*WFN Round Dance*

## WHY THE PIPE CEREMONY & COMMUNITY POTLUCK FEAST?

The ceremonial aspect of the Round Dance has certain protocols such as having a pipe ceremony, in which all of the drums are prayed over, the community in general, and the ancestors to the land. The prayer usually asks that everything is done with good feelings, in a good way,

and that the Round Dance runs smoothly.

The community potluck feast is done so that we can share our feast food with our visitors to WFN. We prepare our feast food with love and

good feelings. When the feast food is smudged, prayed over, and placed in a spirit dish, it is then shared with the ancestors of the land as well as our family members who have passed on to the spirit world/Heaven.

## WHY HAVE A ROUND DANCE IN WFN?

Round Dances are a way of getting more people to dance, to showcase different styles of Native dancing, as well as celebrate our culture in through song and dance in a family-friendly, sober, healthy environment. As with many social dances, Round Dances foster pride and a sense of community amongst participants, renewing

relationships with one another while celebrating First Peoples' identity.

Did you enjoy the Friday night Round Dance we had in Wahnapiet First Nation? I know I sure did. I was in awe with how many peo-



*Hand Drum  
(Google Images)*

ple were in attendance and to see so many great powwow singers who made the trip to share their songs with us. I was happy to see the comments on social media sites sharing that people had a great time!

*Some of the information in this article has been used from Native Dance:*

*Renewal and Adaptation*

*http://*

*www.native-*

*dance.ca/*

*index.php/*

*Renewal/*

*Round\_Dances?*

*tp=z&bg=0&*

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*wd=1*



Parents & Parents to be:  
Mark your calendar



## COLLECTIVE KITCHEN

For Expecting &/or 0-6 Parents

**When: Tuesday, February 24, 2015**  
**Planning 10-12 p.m. in MDH Hall; 12-3—Shopping**  
**When: Thursday February 26, 2014**  
**Time: 10-1 in Hall—cooking**



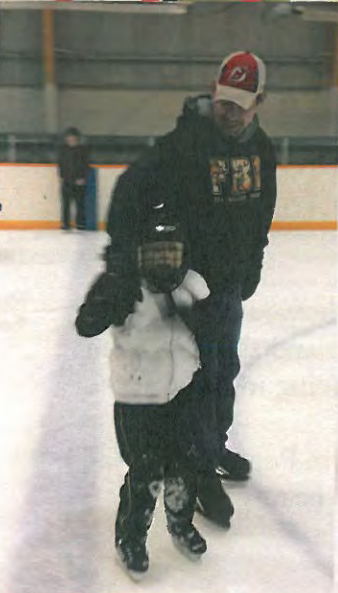
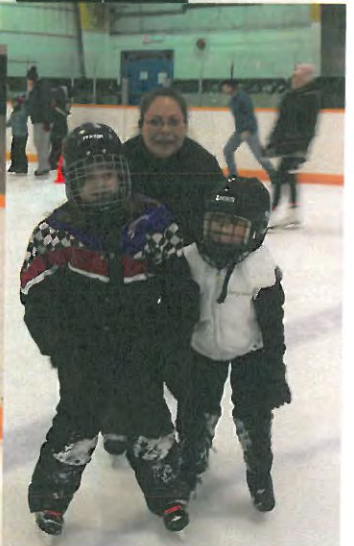
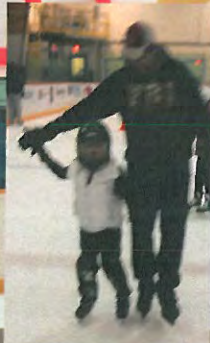
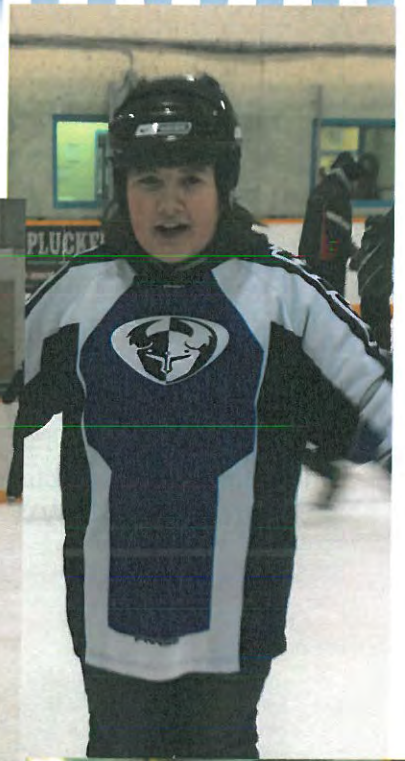
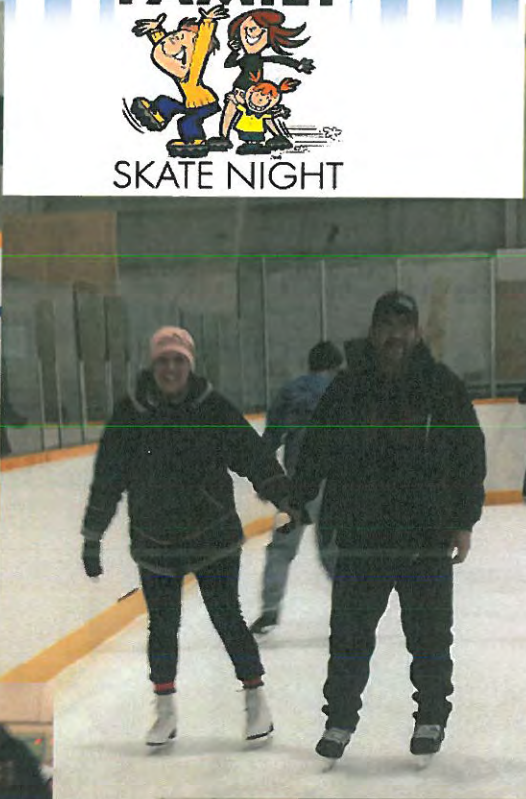
- **Planning and Cooking a meal on a budget (you will cooperatively plan and make 4 meals to take home)**
- **No childcare is available, feel free to bring a family member to watch your child as you cook**
- **Program offered by WFN Prenatal & Healthy Babies program & Best Start Hub / Our Children, Our Future—Kim Gravelle**
- **Call Debbie to book your space 705-858-7700 ext. 221**
- **SPACE IS LIMITED TO 4 PARTICIPANTS (FAMILIES)**



# FAMILY



# SKATE NIGHT





POOPOOGAMI GIIZIS—BROKEN SNOWSHOE MOON—APRIL 2014



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Canadian Securities Institute (CSI) sets the standard for financial services education in Canada as the most experienced and trusted educator. To help you on your student journey, CSI has teamed up with yconic to bring you the CSI Scholarship Contest.

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All you have to do is tell us what key advice you would provide to your client if you were a financial advisor. Simply share your financial wisdom and you'll be entered into a draw for a chance to **WIN one of ten (10) prizes worth \$1,000 each!**

The deadline to submit your application is **Thursday, February 26, 2015, at 3:00 pm EST.**



## Eligibility

- Canadian Citizens or Permanent Residents, excluding residents of Quebec
- Currently enrolled in any year of post-secondary studies at a Canadian institution

Must be a member of [yconic \(previously StudentAwards\)](#)



## MONEY FOR SCHOOL

Offering over \$170 Million in scholarships and financial opportunities across Canada and the United States.

<https://yconic.ca/>



# DibAAjIMOOWINAN

GEZHTOOJIG EMPLOYMENT & TRAINING

## FEBRUARY WORKSHOPS

**Resume/Cover Letter...** Thurs. Feb.05, 2015 10am-12pm  
**Interview Skills.....** Wed. Feb.11, 2015 10am-12pm  
**Job Search.....** Thurs. Feb.19, 2015 10am-12pm  
**Programs & Services...** Thurs. Feb.26, 2015 10am-12pm



***Enter to WIN... \$50.00***  
***(Wal-Mart Gift Certificate)***

*Beverage & Snacks available  
for Participants*

**BE JOB READY...REGISTER TODAY!**

Contact: Melissa...705-524-6772  
 (mohandley@gezhtoojig.ca)

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 117 Elm St., Unit 102, Sudbury  
 Parking Available

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