



# Wahnapiitae First Nation Community Newsletter

**Waabagaa Giizis**  
 Changing Leaves  
 Moon  
 September 2015



## Adventures in the North!

Community members Zoe Duhaime, Taylor Nichols, Nicky Recollet, Dorian Recollet, & Kyle Corston exploring near recorded Native Values along the North River during the Canoe trip. Read more on page 31.

Photo provided by: Stefanie Recollet, 2015



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WAHNAPITAE FIRST NATION

# Chief & Council Corner

## HAPPY LABOUR DAY



**Office will be closed  
September 7th, 2015**

**Next Chief and Council meeting is scheduled for Tuesday September 22nd, 2015 at 6:00 PM**

Reminder to members: submissions to Chief and Council are to be made no later than **September 8th @ 4PM**, Miiigwetch for your cooperation. - WFN Administration

**General Membership Meeting will be Saturday September 12, 2015 at 9:00 am**

### Aanni Members

Chi-miigwetch to all who helped make our 20th Annual Pow Wow a huge success. The co-ordination lead by Liz Eshikobok, staff and the many volunteers and community members, are truly honouring our past, present and future by their involvement in this success.

We hope that our culture continues to be a part of our daily lives, community events and meetings of council. It is so very true that we must know where we come from to know where we are going in the future.

As we embrace the past, present and future, our members will have a chance on Saturday September 12, 2015 to attend a Presentation of the Audit and Band Finances. Our future generations count on our management of monies from Ontario Power Generation, mining and other settlements. The previous administration counted on spending this money toward debt, but at what cost to our children who will make WFN their future home? Council has asked KPMG, our accountants, to share the REAL financial picture for our today's needs, not that of Aboriginal Affairs and Northern Development Canada. We will focus on this new reality moving forward to manage our debt so that our future will be bright.

Hans Matthews  
Councillor



Submit your photo's or artwork, and you may be featured on a WFN newsletter cover or upcoming calendar!

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Submission deadlines are the third Monday of every month. Newsletter Submissions should be emailed to: stefanie.recollet@wahnapitaefn.com To ensure they make it into print please send by 4 pm on September 21st 2015.

Wahnapitae First Nation Band  
259 Taighwenini Trail Road,  
Capreol, Ontario P0M 1H0  
Phone # 705-858-0610

## NEWS LOCAL

# Aboriginal line crew program a success



By Ben Leeson, Sudbury Star  
Friday, August 21, 2015 7:57:10 EDT PM

## CONGRATULATIONS

TO WFN MEMBER  
JERICHO PETTIFER FOR  
SUCCESSFULLY  
COMPLETING THE  
PROGRAM.



Aboriginal youth who graduated from the line crew ground support training program pose for a group photo following a ceremony at Cambrian College on Friday. Ben Leeson/The Sudbury Star/Postmedia Network

Jericho Pettifer started the line crew support program by dipping his toe in the water, but ended up immersing himself completely. "It was way beyond what I expected," Pettifer said. "We actually got to do work. It almost felt like you were on the job site some days, so it helped us progress faster."

The Sudburian was one of 13 young aboriginal adults to receive their training certificates Friday morning in a graduation ceremony at Cambrian College, where they were recognized before launching entry-level careers in the power line and construction industries.

"It was a great experience, all in all," Pettifer said. "There were some dry weeks, but others, when we were outside, we all had a blast. "They taught us quite a few things in a short period of time, so it was pretty good."

Graduates completed safety modules and hands-on training in job site tasks, including pole line construction, working at heights, hoisting and rigging and crane operation, in order to prepare for the job market.

The program was made possible by the Ontario Government Youth Skills Connections Program, as part of the Ontario Youth Job Strategy, as well as Gezhtoojig Employment and Training, in partnership with the Infrastructure Health and Safety Association and Cambrian College.

Ron Sarazin is special projects co-ordinator at Gezhtoojig, which provided funding to start the program...

Continued on next page....





## NEWS LOCAL

# Aboriginal line crew program a success

"Those modules they get are transferable, not just for the utility sector, but also in the construction sector," Sarazin said. "These guys can now go and work wherever and the employers are getting a job-ready client who is safety-conscious, understands working as a team, understands the needs of the industry and being at work. That's one of the big things – being somewhere, being accountable.

"At the beginning of the program, a lot of these guys come in, they test the waters, and by the end of the program, they're like a cohesive unit. It's almost like a hockey team, is what I say. They're a team now and they work in a team environment, so they understand about being to work and being ready – don't be stragglers, because you're messing with the crew."

His office funded a pilot project for the program in 2013, partnering with the IHSA and using Cambrian's facilities from its two-year power line technician program. When the initial pilot was successful, the province provided funding for two years.

"This is more entry-level training, but it's also an extremely valuable program for anyone wanting to get into an apprenticeship," Sarazin said.

Six graduates are currently working as apprentices, while several others are working in the industry.

"I've got 80% working in the industry," Sarazin said. "I've got an employer in Cambridge who, every time we graduate, he wants all their resumes. They're a really good partner and they see the value of this training."

"It has been a great success, good positive feedback," added Greg Williamson, vice-president of high-risk activity training and operations at IHSA. "Employers who have found out about the program and engaged the individuals speak very highly of their success in the field, their qualifications and the training they have had. We have made the individual very marketable. Employers would normally put individuals through that training, but these individuals already have it, so their resumes are very comprehensive and they're basically ready to go to work."

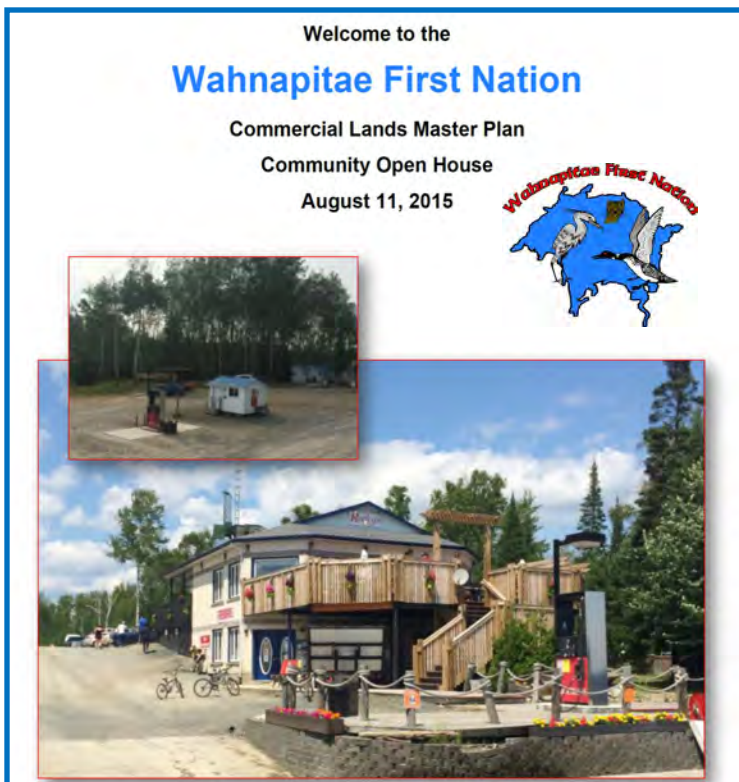
Additional participants aged 18 to 29 may apply for the next intake in the free 15-week program, which will run Aug. 24 to Dec. 4.

For further information, email Sarazin at [rons@gezhtoojig.ca](mailto:rons@gezhtoojig.ca).

"We're not just limiting it to aboriginal people in Sudbury," Sarazin said. "We're opening it up all across Ontario; we have a guy from Saskatchewan coming for the next one."

He also plans to open future training programs to participants of all ages.





## WFN AND URBAN SYSTEMS. UPDATE OF THE FIRST ENGAGE- MENT SESSIONS HELD AUGUST 11<sup>TH</sup> AND 12<sup>TH</sup>

On August 11th and 12<sup>th</sup>, the community was invited to participate in discussions pertaining to the development of a Commercial Lands Master Plan for the reserve, which is looking at where and what type of commercial development should be considered in the future. The purpose of this community engagement was to get some ideas from Band members on what values should be represented in future commercial development and what types of commercial development should be considered as part of the master planning process. Some of the feedback we heard

included:

- There is support for increased tourism provided that it is done sensitively and that community livability remains a top priority
- There is a desire to promote cultural tourism (i.e. medicine camps) and ecotourism (i.e. hiking/ canoeing) using both on-reserve features (i.e. Bass Lake Trails System) and off-reserve features (i.e. canoeing down the North River)
- There is support for the development of a motel and/or cabins in the community that could be rented out for short-term stays within the community
- There is a desire to see development at the intersection of Loon Way and Taighwenini Trail. This could include the construction of a building that could be allocated for retail and commercial service businesses
- There is a desire to support Band member entrepreneurship where feasible
- Commercial development could include the development of a paintball facility and amusement area
- There is support for using the Centre of Excellence and other facilities to help build tourism in the community
- There is a need to provide better parking solutions for Rocky's and the Pow wow grounds
- Long-term, there could be a possibility of relocating the fire hall and public works building

While we have heard some great feedback already, we would like to ensure that everyone has a chance to provide input before we go too far with this planning work. We have included in the newsletter a survey that we would like you to fill out and return to Marilyn Nicholls at the Centre of Excellence. The survey is also available at the following link:

<https://www.surveymonkey.com/r/Wahnapiitae>

If you have any questions or comments, please contact Marilyn at (705) 858-0610.

## HERE IS A COPY OF THE INFORMATION PROVIDED TO THE COMMUNITY AT THE OPEN HOUSE:



### Purpose of the Commercial Lands Master Plan

In 2014, Chief and Council adopted the *Land Use Plan* which, among other things, articulated our community's desires for the future development of our reserve land base for a variety of purposes including residential and commercial development, community and facilities and cultural spaces, and spaces for environmental protection.

We have also developed an *Economic Strategy* (2013) which described potential economic opportunities that we could take advantage of to generate revenue for the community and create employment. Establishing a tourism sector to generate commercial development opportunities on-reserve was one of the economic development opportunities



In 2015, we received funding from the Aboriginal Economic Development Fund to develop a commercial lands master plan which will enable us to:

- Assess and visualize our commercial land development opportunities
- Market potential development opportunities on our land
- Provide a foundation for future business planning
- Help us apply for funding for economic infrastructure (i.e. water, wastewater, roads, etc.)

### Purpose of Tonight

The purpose of the open house tonight is to:

- Introduce this project to the community
- Collect input from community members on how commercial development should be undertaken on-reserve

We are still in the early stages of this project. We need your input to help guide us on what commercial developments are acceptable on-reserve. We also want to understand what you value in terms of commercial development. Please provide input on the panels provided.



## Project Background

The *Economic Development Strategy (2013)* identified tourism as an economic sector that Wahnapiitae could pursue. The *Land Use Plan*, adopted by Chief and Council in 2014 identified the opportunities to create a commercial hub at the intersection of Taighwenini Trail Road and Loon Way that could include small retail and commercial services. This would leverage the community's location along the shores of Lake Wahnapiitae and would generally be focused on the development of the tourism sector as well as identifying business opportunities that would help increase the quality of life for people living on-reserve. The development of a commercial lands master plan will help us move forward with this by:

- Determining how to leverage existing commercial businesses and community assets that draw people to the community, which are summarized in the table below

Existing Commercial Businesses	Supporting Assets
<ul style="list-style-type: none"> <li>• Rocky's Restaurant and Cabins</li> <li>• Campgrounds</li> <li>• Convenience stores</li> <li>• Fireworks sales</li> <li>• Other small businesses</li> </ul>	<ul style="list-style-type: none"> <li>• Lake Wahnapiitae</li> <li>• Dock/boat launch</li> <li>• Ball diamond</li> <li>• Pow wow grounds</li> <li>• Centre of Excellence</li> <li>• Bass Lake trails</li> <li>• Wanapitei canoe tours</li> <li>• Snowmobile tours</li> </ul>

- Engaging the community to identify key community values to be incorporated into future commercial development
- Identifying development and redevelopment opportunities for key parcels of land, particularly in the vicinity of Rocky's
- Identifying and development plans for tourism-support features including trails and equipment storage
- Reviewing opportunities to relocate key facilities, such as the public works building
- Reviewing potential constraints to development such as flood risk, topography, and soil conditions
- Developing conceptual plans that will help the community and potential investors visualize development opportunities and establish potential development costs

**PLEASE COMPLETE THE ATTACHED SURVEY AND RETURN TO MARILYN NICHOLLS AT THE CENTRE OF EXCELLENCE. MIIGWETCH!**

The survey is also available at the following link:  
<https://www.surveymonkey.com/r/Wahnapiitae>

## Notice to Community Members;

**The Wahnapiatae First Nation Fire Department is looking for  
Volunteers!**



Our Fire Department is a very important asset to our community. Without it, homes, businesses, vehicles and the forest, and most important, lives could be lost. Also, having a Local Fire Department lowers your insurance rates. The number of volunteers has decreased dramatically, jeopardizing our ability to respond effectively. When a fire does happen I know you will respond but if you are not part of the team you may not know what to do and you may be injured or hurt or cause injury to other responders.

As Fire Chief, I am dedicated to this department and I hope you will be also. Only two hours a month to practice that may save someone or something in your life. New volunteers can contact me at;

Nolan Roque  
- 705-929-7037  
- [n.roquefd@wahnapiataefn.com](mailto:n.roquefd@wahnapiataefn.com)

Our next practice is expected to be on the first Wednesday of each month

We hope to hear from you, or see you out contributing to a safer community!

Miigwetch,

Nolan Roque, Fire Chief  
Wahnapiatae First Nation

WAHNAPITAE FIRST NATION  
FIRE DEPARTMENT FUND

RAISER

TURKEY SHOOT/B.B.Q. ETC.

SATURDAY OCT.03 /2014

BOTTOM OF BIG HILL

10AM UNTIL 4PM  
TURKEYS AND PRIZES  
TO FOLLOW AT  
Fire hall

COME OUT AND TRY YOUR AIM  
BRING YOUR EYE, HUNGER AND POCKET BOOK  
SEE YOU THERE



# When a Bear Becomes a Nuisance

Not all black bears encountered by humans are nuisances. We consider a nuisance bear to be one that poses an immediate threat to human safety or one that has developed a pattern of behaviour that makes it a long term risk to safety or property.

In all situations where bears are perceived as a nuisance, the objectives should be to first eliminate risks to human safety and then to minimize the risks to the animal(s). The following section is intended to assist in the decision making process and in the development of response plans.



## Responses to Nuisance Bears

Some nuisance bear complaints require direct action and some do not.

### No Action Required

Complaints that do not require direct intervention generally include simple sightings, and reports of bears raiding garbage, bird feeders, compost, barbecues, and livestock forage. In these cases, always review the situation, ensure there is no danger to humans, caution the complainant to avoid contact with the animal, and provide advice on how to avoid recurrence of the problem.

Taking no direct action is a viable option for some nuisance bear complaints, particularly those that are simply reported sightings or that are related to a specific attractant (e.g. garbage) in a specific location. In such cases personnel should be prepared to provide an assessment of the situation and to put forward suggestions to assist in remedying the problem.

Once an attractant is removed, bears will generally return a couple of times searching for food and will then likely exclude the area from their foraging excursions. Municipalities, businesses, and rural inhabitants that use bear-proof garbage bins will greatly reduce the number of nuisance bear problems, as will urban inhabitants who keep their garbage indoors until scheduled garbage collection.

If a bear is in a tree, **leave it alone**. Remove people and dogs from the area. The bear will usually come down and leave when it feels safe.

**In an immediate emergency, call your local police or 911.**

**To report bear problems call:  
1 866 514-2327, (1 866 514-BEAR)**

## Did you know?

**WFN is currently working on developing a Bear Management Strategy.**

### Tips for keeping bears away:

- ◇ Store garbage in a bear-resistant container, secure shed or garage. Do not store garbage in plywood boxes, old freezers or vehicles
- ◇ Do not stockpile garbage, take it to the dump frequently
- ◇ Keep meat scraps in the freezer until garbage day
- ◇ Do not leave pet food outdoors. Feed pets indoors, not outside or in screened in areas or porches
- ◇ If you rent your cottage, tell your tenants the importance of being Bear Wise

**NOTE: If you have shot a bear in defense of your property, you are required by law to immediately report it to your local Ministry of Natural Resources office either in person or by telephone. This requirement applies whether you intend to keep the bear or not. Failure to do so is a violation of the Fish and Wildlife Conservation Act.**

# BEAR CLAN

## [Mukwa Dodem]

Known as the largest clan, the bear clan represents

**g**uardianship of the tribes. Bear clan members have a thorough **k**nowledge of the **p**lants, berries, roots and bark medicine of Mother Earth.

Many who belong to this clan system are in the

**h**ealing, policing and medical fields. **W**isdom

and authority are quite often associated with Bear medicine. Members of the bear clan were war **C**hiefs and warriors and as police, provided **p**rotection

for our people. We must always have a healthy regard

for the strengths of the bear clan, all my relations!

### Bear Clan Teaching

Be respectful of other's thoughts and feelings.

It is good medicine to be kind to others. That is the strength of the bear within you.

## The Simple Bare Necessities

**E**mbedded within the Anishinabek world view is the concept of collective responsibility for tending the land and using only that which is needed for sustenance. Important, as well, is the interconnectedness and interdependence of all life forms — humankind, flora and fauna, and all that exists on the Earth. The concept of sustainability is not new to the Anishinabek; they are very aware of the growing need for all humans to show greater respect for the environment — respect for Mother Earth and the Animal Nations — if we are to continue to coexist in this world.

Habitat loss for the Animal Nations result primarily from human activities, including resource extraction, agriculture, energy generation and transmission, recreational activities, and settlement. Even inside national and provincial parks, undisturbed habitat is shrinking and bears are displaced by interactions with humans and development. This has led to poorer nutrition and higher levels of human-bear conflict and human-caused mortalities.

There are measures that humankind can take to deter the mkwa from coming to our wigwams, but there are also bigger issues that must be considered such as factors leading to climate change and the use of herbicides.

This season has been very tough for our brothers as the berry yield is extremely low. The bear's food systems are in jeopardy, causing them to leave the forest and seek new food sources. They have been wandering into our villages because they are starving, NOT to hurt us, but out of the need to replenish their fat reserves for their approaching slumber.

The Anishinabek revered the mkwa as a close relative & protector of the community. Those who did hunt the bear did so respectfully and utilized the entire animal; healers made *minigan* from the fat, the meat was used for sustenance, furs for clothing etc. very little went to waste. This showed reverence for the spirit. —S.R.

"It's very important to watch what is happening to the animals - Elder's say that what happens to them will happen to us." - Lenore Manitowabi speaking on Black Bear.

**Black bears are not usually dangerous animals. Admire them. Respect them.**

"The potential for nuisance bear activity increases in years when berry crops fail and the animals search for alternate food sources. The behaviour may also be apparent the following spring when animals emerge from their dens in poor condition. Survival of the current year's cubs can be low following berry crop failure, and few females will produce cubs the following year." - L.J. Landriault, M.E. Obbard and W.J. Rettie





## WAHNAPITAE FIRST NATION

### Good Food Box

Good Food Boxes are available  
At a low cost

**\$8 small or \$17 for a large.**

**Orders must be in by Wed. Sept 9**

Good Food Boxes can be picked up on  
**Wednesday September 16, 2015 at the  
Centre of Excellence from 1-4 p.m.**

To order please contact Wendy Tyson at ext  
219. If you cannot pick up your GFB be-  
tween 1-4 please call ahead to make ar-  
rangements.

### Good Food Voucher

Good Food Vouchers are available to families  
with children aged 0-6. This helps young fami-  
lies towards the purchase of healthy food  
items such as: milk, eggs, dairy, fresh meat or  
fresh produce. Each family is eligible to re-  
ceive a \$20 gift card.

**Good Food Vouchers can be picked up on  
or after Thursday SEPTEMBER 17, 2015 in  
the Health Office. Bring your receipts from  
prior month.** For more info. please contact  
Debbie Plain-McGregor at  
705-858-7700 ext. 221.



### Food Bank

**Thursday, September 17,  
2015**

10 a.m.—12 noon

The Bread and Roses Food Bank is held  
at the Trinity United Church in Capreol  
**every 3rd Thursday of each month.**  
If you wish to arrange a ride please call  
Debbie at 705-858-7700 ext. 221.



### Creating Healthy Babies

\*prenatal to 4 months

**Friday, September 4, 2015  
At 10-12 p.m.**

If you wish to attend please call Debbie  
at 705-858-0610  
and Stephanie Fournier at OCOF to con-  
firm attendance at 705-969-4040 ext.  
275

## Community Kitchen

Geared for young families and those affected with FASD  
w/ Healthy Choices Program at Shkagamik Kwe Health Centre

**Wednesday, September  
16, 2015  
10—2 p.m. (Van at 8:45  
a.m.)**

Please contact Debbie at 705-858-0610 ext. 221 BY WED SEPT 9 if you would like to attend so transporta-  
tion and arrangements with SKHC can be made



# Infant Food Cupboard

*Our Children, Our Future's Infant Food Cupboard Program provides emergency assistance to families with infants under the age of 30 months who need infant formula, milk or diapers within the Districts of Sudbury/Manitoulin. This is an emergency service only and is not intended to provide permanent support.*

*If you are in need of infant formula, milk or diapers, please call our number and leave a message with your name, number, and the item you require. A Parent Resource Worker will return your call Wednesdays between 1pm and 3pm.*



**705-677-0931**

**1-888-677-0440**



**Our Children, Our Future**  
**Nos enfants, notre avenir**

**www.ocoof.net**

## 2015/2016 Nutrition / Milk Program

### Attention WFN Residents:

The National Child Benefit—Nutrition Program is available to students/families for the 2015/2016 fiscal year. The Nutrition Program is to support nutrition and healthy well-being of children by assisting with the purchase of milk at school.

- You may still submit your receipts if you have paid for the milk program from **March 31, 2015 to June 2015**. You are eligible to receive a reimbursement for your costs for this period. *Unfortunately we cannot reimburse any expenses prior to this date.*
- Should your child's school have a Milk Program, you may order from the school and pay for milk directly yourself. You could then submit your receipts for each order period and be reimbursed.
- If you are unable to pay direct. You could submit your **School Milk Order Forms promptly keeping in mind cheque processing times AND the deadline date of each school..** WFN Health Dept would facilitate **payment directly to the school.**

If your child's school has a milk program and you wish to participate, please let Debbie Plain-McGregor know by calling 705-858-7700 ext. 221. If you have any questions, regarding the program, please call or email at: [debbie.pmcgregor@wahnapietaefn.com](mailto:debbie.pmcgregor@wahnapietaefn.com).

Thank you / Miigwech,  
Debbie Plain-McGregor  
Child & Youth Worker



Funding for the Milk Program is provided by:

**National Child Benefit**

[www.nationalchildbenefit.ca](http://www.nationalchildbenefit.ca)



## What is Abuse?

Abuse can be physical, sexual, emotional, psychological or financial. You may experience more than one type of abuse.

Who is being abused? Both women and men of all ages; elder, children and adults can be victims of abuse. Any form of abuse is illegal.

**Physical Abuse** includes, punching, pushing, choking, slapping, throwing objects, shoving, and the use of a weapon against you. This form of abuse is easy to identify.

**Sexual Abuse** is any forced sexual contact. This form of abuse is often accompanied with threats of violence or actual acts of violence.

**Emotional Abuse** is threats to an individual, threats against family, threats to pets, threatening your partner with weapons, and isolating your partner from family and friends. This abuse can be the most threatening, because it leaves the abused in a constant state of fear.

**Psychological Abuse** is when an individual attempts to control the victims's thinking and feelings, constant blaming and being totally inconsistent, saying one thing and expecting something else.

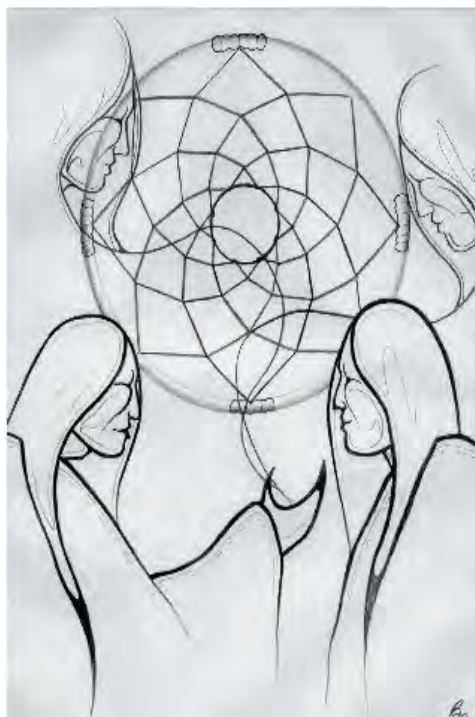
**Financial Abuse** is using money to exert power and control. Financial abuse may include; not allowing you to obtain employment, forcing you to account and report all dollars spent or not allowing you to know or have access to family income.

**YOU ARE NOT ALONE AND YOU ARE NOT TO BLAME FOR THE ABUSE THAT IS HAPPENING TO YOU AND THE PEOPLE AROUND YOU**

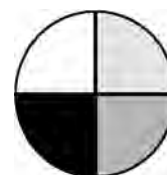


## Where to Go For Help

Community Support Workers  
 Your Doctor  
 Talk to someone you trust  
 Women's Shelters  
 Health Centres  
 The Police  
 Healing Circles  
 Talking Circles  
 Support Groups  
 Hospitals



Assaulted Women's Help Line:	Toll Free	1-866-863-0511
Kids Help Phone:	Toll Free	1-800-668-6868
Police:	911 or	1-888-310-1122



Reproduced in part from a pamphlet titled ABUSE and copies available at:  
 Za-geh-do-win Information Clearinghouse 147 Gabode Dr., Naughton, ON POM 2M0  
 1.800.669.2538 705.692.0420 [www.za-geh-do-win.com](http://www.za-geh-do-win.com) [info@za-geh-do-win.com](mailto:info@za-geh-do-win.com)

Parents & Parents to be:  
Mark your calendar

## COLLECTIVE KITCHEN

For Expecting &/or 0-6 Parents  
**Tues, Sept 22, 2015** 6-8 p.m. in Elder's room  
for planning;

**Wed Sept 23** 1:30-3 p.m. —**Shopping** (if  
available)

**Thurs Sept 24, 2014** 5-8 p.m. -cooking in  
MDG hall



- **Planning and Cooking a meal on a budget** (you will cooperatively plan and make 4 meals to take home)
- **No childcare is available**, feel free to bring a family member to watch your child as you cook or try plan a sitter at home
- **Program offered by WFN Prenatal & Healthy Babies program & Best Start Hub / Our Children, Our Future—Kim Gravelle**
- **Call Debbie to book your space 705-858-7700 ext. 221**
- **SPACE IS LIMITED TO 4 PARTICIPANTS (FAMILIES)**



# Bingo Night

Thursday September  
17th @ 5:30 PM in the  
MDG Hall





# Kinoomaagewgamgamig aabjichkanan

WFN  
wishes  
all  
students  
a great  
school  
year!



Mshkimod



Gpagaa mzinigan



Dbagan



Gbagaa mzinigan



Gaasiibiigan



Mzinigan



Mshiimin



Zhibiiganaatig



Tisgansan



Gooksigan



Sipnigan



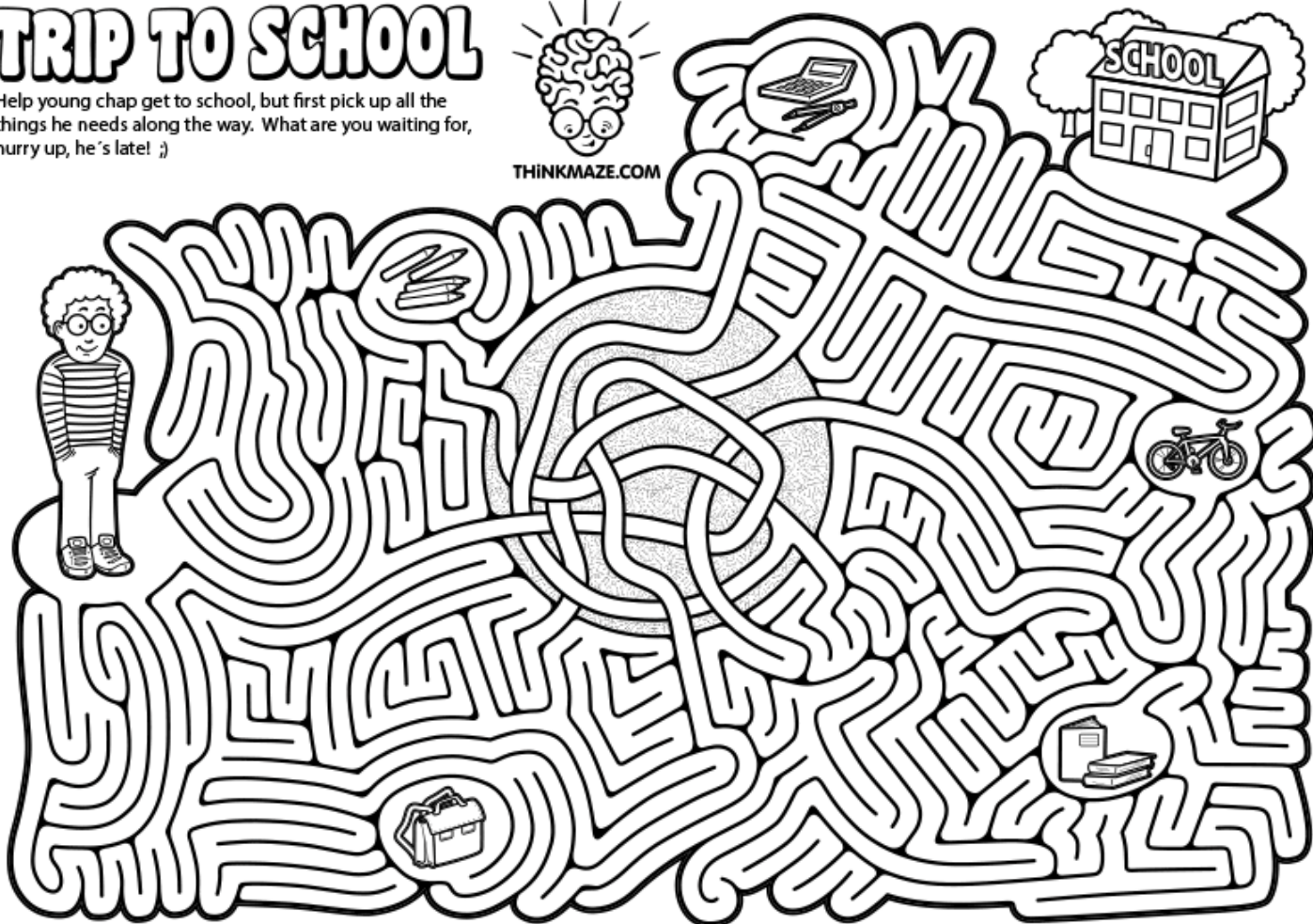
Maandooschigan

## TRIP TO SCHOOL

Help young chap get to school, but first pick up all the things he needs along the way. What are you waiting for, hurry up, he's late! :)



THINKMAZE.COM





### From the desk of..

Liz Eshkibok-Trudeau,  
Cultural Coordinator for WFN

705-858-0610 ext. 220  
cultural@wahnapitaeFN.com



## UPDATE FROM THE CULTURAL COORDINATOR

Aanii Everyone!

This year's 20th Annual Traditional Powwow was a success. Chi-Miigwetch to all of the Head Staff;

- The MC's Chris Pheasant and Gerard Sagassige,
- Arena Director Robert Stonepoint,
- Head Elder Mary Elliott and Community Elder Annabelle McGregor
- Special Invited Guests Tina Mandamin and Deputy Grand Chief of the Anishinabek Nation Glen Hare
- Head Dancers Susan Roque and David Trudeau

Also Miigwetch to the Sound Technician, Ogimaa Duke Peltier, the Drums Chippewa Travelers, Charging Horse, and Young Gunz, the Powwow Coordinator Assistant, the WFN Finance Director and her family who worked as helpers, the Cultural Advisory Committee, Dreamcatcher Fireworks, and Juno Award Winner, Crystal Shawanda.

I know they all have families and there were 6 other powwows happening, other family-events, and I'm so grateful that they accepted my request to help us out at the Wahnapitae First Nation. They ensured everything ran smoothly and we couldn't have done it without you all.

It's a tough job but I enjoyed the smiling, appreciative faces, the laughter I heard as I was coordinating everything, and the things I learned along the way from working with everyone. As always, I'm only one person and I've done the best I can for Wahnapitae First Nation. I hold you all close in my heart and have good memories of my time spent here.

Miigwetch and I hope we meet again,

*Banaisé-Kwe (Liz Eshkibok)*

## Wahnapiatae First Nation

### Cultural Update



## From the desk of..

Brittney Shki-Giizis,  
Powwow Coordinator Assistant

705-858-0610 ext. 225



### UPDATE FROM THE POWWOW COORDINATOR ASSISTANT

Today, August 20<sup>th</sup>, marks my last day as Powwow Coordinator Assistant for Wahnapiatae's 20<sup>th</sup> Annual Traditional Powwow. This summer has been the experience of a lifetime, as helping to coordinate a full powwow is something I've always wanted to do. I've learned a great deal about the amount of work and dedication it takes, as well as how many people need to come together to ensure things run smoothly. I'm grateful to our Powwow Committee for working together as a team and taking the project to heart, and I'm so proud of the Coordinator Liz Eshkibok for the work she did in bringing everyone and everything together efficiently, in spite of any challenges that developed along the way.

The Powwow itself was a great success thanks to the efforts of our volunteers and committee members. I would like to thank Wahnapiatae First Nation for giving me the chance to experience this job and everything it came with.

I would also like to thank all the community members who participated in Regalia Making Classes and Powwow Dance Classes, and I was so proud to see the results of those classes unfold at the Powwow, the outfits that were created and the dance moves being used.

Miigwech Kina Gwoya! (Thank you everyone!)

*Brittney Shki-Giizis*

### Go Green Tip of the Month

Ziploc bags can be recycled!

Remove the zipper from Ziploc bags,  
place the bag in the recycling and the zipper in the garbage

*Gitchi-Aapiitendaagozi Shkagamik-Kwe*



# Wahnapitae First Nation

## Cultural Update

### SOME PHOTOS FROM THE 20TH ANNUAL TRADITIONAL POWWOW



# Wahnapiatae First Nation

## Cultural Update

### SOME PHOTOS FROM THE 20TH ANNUAL TRADITIONAL POWWOW

If you'd like to see more photos, please check the album uploaded on the WFN Cultural Coordinator's Facebook page.





## Wahnapitae First Nation

### Cultural Update

## WFN POWWOW FUTURE PLANNING

The following list are previous powwow themes that the Wahnapitae First Nation has used, they are:

ANNUAL	YEAR	THEME
1st	1996	Honouring Our Ancestors
2nd	1997	Honouring Our Elders
3rd	1998	Honouring Our Youth
4th	1999	Honouring Mother Earth
5th	2000	Honouring Our People—Commitment & Participation
6th	2001	Honouring Our Land
7th	2002	Celebrating the Seven Teachings
8th	2003	Honouring Our Women
9th	2004	Honouring Our Treaty
10th	2005	Honouring the Water Spirits
11th	2006	Honouring Our Father Sky
12th	2007	Honouring Our Culture
13th	2008	Honouring Our Men
14th	2009	Honouring Ourselves
15th	2010	Honouring Our Forest
16th	2011	Celebrating the Awakening of Our Inner Spirit
17th	2012	Honouring Our Four Directions
18th	2013	Honouring the Animal Rights
19th	2014	Honouring Our Sacred Medicines
20th	2015	Honouring the Past, Present, and Future
21st	2016	?

**Wahnapiatae First Nation**

Cultural Update

**WFN POWWOW FUTURE PLANNING**

The following list are suggested Powwow Themes for future use, developed by Community Members

- | # | THEME ENTRIES   |
|---|---|
| 1 | <b>Honouring Our Clans</b>  |
| 2 | <b>Honouring the Ten Indian Commandments<br/>Honouring the Great Spirit</b>   |
| 3 | <b>Celebrating the Unity of Anishinaabek Nations</b>                          |
| 4 | <b>Respecting our Natural Resources</b>                                       |
| 5 | <b>Celebrating Life with All of Creation</b>                                  |
| 6 | <b>Celebrating Healthy Relationships</b>                                      |
| 7 | <i>Or, please feel free to submit your own theme to the Powwow Committee.</i> |

Day Camp Fun!

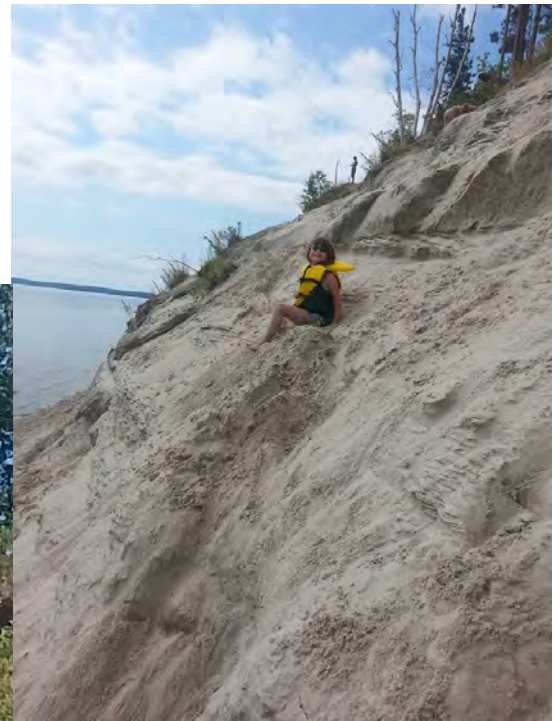


## Youth Outing Summer Pontoon Ride & Swim At North River-Sand Dunes / Beach

On Thursday, August 13, 2015 the day camp participants and parents were treated to outing on beautiful Lake Wahnapiatae. The day consisted of a pontoon ride to the sand dunes area located on Lake Wahnapiitei near North River. Participants enjoyed a swim; climb on the sand dunes, lunch bag picnic and the day was complete after a tour of North River and along the lake front of the WFN First Nation.

Chi-Miigwech to **Rob & Kim Gollan** for donating their pontoon and time for driving us out. Also Chi-Miigwech to **Marilyn & Dave Nicholls** for loaning their pontoon for the day and thanks to **Jim and Rosalie Smith** for joining us for the day at the last minute to drive the 2nd pontoon so that both groups could travel out together! Thanks to **Alexandria Budgell** for her lifeguarding skills as she joined us for the day to keep our young day campers safe in the water and on the boats.

It was a bonus that our young families got to enjoy the day on the lake and make use of our traditional territory.  
*dpm*







# Youth Outing Fun Summer Pontoon Ride



# YOUTH FUNDRAISING UPDATES - it Takes a Team

On behalf of the WFN Summer Day Camp Team and the Summer Day Camp participants and families I would like to congratulate all the winners in the August 16 Youth Fund Raising Raffle. Our goal was to raise \$800 for the remainder of the \$2400 cost. However \$1350 was raised which went toward the costs of rooms for the WFN Summer End trip and there was enough to provide meal money for each child. Thanks to the following businesses who donated funds so that the Grand Prize (a signed Montreal Canadiens #31 Carey Price jersey) could be purchased:

- WFN Fire Department: Dreamcatcher Fireworks; Post Creek Store; White Birch Post; Post Creek Campground & Paradise Park.

Also thanks to the following community members who donated prizes to make up the 13 other fabulous prizes:

- Jamie Roque (securing the donation from Derek MacKenzie of the Florida Panthers); Rocky's Restaurant; 3 Nolans Hockey School (Brandon Nolan, Jordan Nolan and Ted Nolan); WFN Sustainable Development; A Tribe Called Red group; Rob Gollan; Lynn Cote; Crystal Osawamick; Stuart Shawanda and Donna Gollan



The first customer at the booth was Claude Gravel MPP for Nickel Belt who asked for this photo & said he would post it to Facebook !



Megan Smith with Anishinabek Nation Deputy Grand Chief Glen Hare supporting WFN Youth Booth / Draw

The Prizes were awarded as follows:

- Grand Prize winner Jon Skelliter won Montreal Canadians signed Carey Price #31 Jersey
- 2nd Prize- Patrick Recollet won Florida Panthers signed Derek MacKenzie hockey stick and hat
- 3rd Prize- Kelsey Cutinello won 3 Nolans First Nations Hockey School jersey
- 4th Prize- Wayne Porter won 3 Nolans First Nations Hockey School jersey
- 5th Prize- Jason Peltonen won 3 Nolans First Nations Hockey School hat
- 6th Prize- Christine Colasimone won A Tribe Called Red t shirt
- 7th Prize- Donna Leclair won a Native print Shawl & a Native painted jewellery box
- 8th Prize- Jon Skelliter won handmade Native craft—drum
- 9th Prize- Derek Assinewe won a framed Richard Dubois Native print "Community"
- 10th Prize- Gary Levigne won a framed Richard Dubois Native print "Family"
- 11th Prize- Donna Leclair won a framed Richard Dubois Native print "Friendship"
- 12th Prize- Ron Leclair won a Top of Stairs / hallway gate
- 13th Prize & 14th Prize- Juliette Anwhatin won \$10 cash; Debbie Pellerin won \$10 cash



Wendy Tyson accepting jersey on behalf of her son Jon & Debbie Plain-McGregor, Child & Youth

Congratulations to the 50/50 Raffle Winner Rebecca McGregor who won \$113.50. Great job Melanie Roque for coordinating the draw so that the parents could sell tickets prior to the draw & raising \$. This draw was also held at the powwow on Sunday, August 16, 2015.

The Cotton Candy and Snow cones raised \$187.00 after paying \$500 in expenses for supplies and equipment. Thanks to Haley McGregor for the suggestion.

Thank you so much to: all the folks who donated prizes & the families who sold tickets; the WFN Day Camp team: Melanie Roque; Haley McGregor; Megan Smith & Debbie Plain-McGregor who worked hard for the booth prior, during and following the event to make this a success. Miigwech again to all those that donated the prizes and/or money for prizes. And of course Chi-Miigwech / Thank you to all those that purchased tickets and supported the draw and the Youth Booth Event! Which last but not least THANK YOU / MIIGWECH to Liz Eshkibok, Cultural Coordinator & the WFN Cultural Committee for allowing us to host the WFN Youth Booth at the 20th Annual WFN Powwow..

*:) Debbie Plain-McGregor, C&Y Worker*



Megan Smith; Melanie Roque; Debbie Plain-McGregor & Haley McGregor



# WFN Summer Day Camp TRIP

## Royal Ontario Museum & Ontario Science Centre



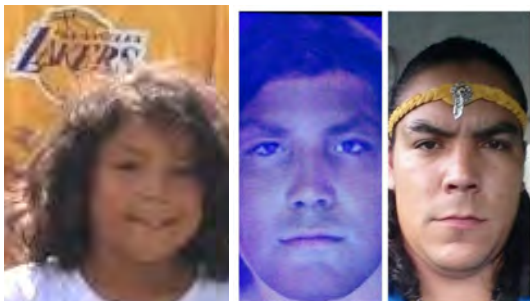
Selfie fun on the Bus headed to the Ontario Science Centre



Bus Selfie take two!



Dinner for 45! Plus our Bus Driver: WFN at the Mandarin Restaurant in Barrie



Far Left: Avery 2015;  
2nd from left:  
Avery computer  
composite at age 30;  
3rd from left:  
Quentin Dad at age  
30! @ Ontario Sci-  
ence Centre





# Community Garden

The Sustainable Development department is applying for funding for a community garden and we need your ideas and participation!

## The plan:

- Construct a community garden for next spring at the old fireworks storage site. The site is accessible by vehicle with lots of parking.
- Make a medicine wheel garden with sacred and medicinal use plants.
- Make individual plots for interested community members to plant vegetables, fruits, whatever they like!
- Install a shed with gardening tools for community use in the garden.



Example pictures

## We want to hear from you

If you would like a garden plot please contact **Kendra** by **October 5th**; or anytime with ideas, comments, or questions:

[envirocoordinator@wahnapietefn.com](mailto:envirocoordinator@wahnapietefn.com)

705-858-0610 x204



# WFN Canoe Journeys

Wahnapiatae First Nation hosted its 3rd Annual canoe trip down the North River On August 16-18th. Our birch bark canoe made its inaugural launch from WFN's 20th powwow as the drum group sang a travelling song. Miigwetch to our community elder Annabelle McGregor for the prayer.

The group of 7 were guided down the North River where they learned practical bush skills such as navigation, fire making, campfire cooking and canoeing of course!

We struck gold this year when Dorian Recollet caught fish for our evening feast! Which was prepared and cooked on the open fire. A storm hit on the second night, so the group was very happy to learn how to construct an emergency shelter, and the importance of keeping the firewood dry.

Guided by the seven grandfather teachings they learned about stewardship and their responsibilities as caretakers of the land. They also ground-truthed some Native Values that were recorded in the area, did some exploring and discovered historically significant areas that were unrecorded! GPS points were taken and they will be added to WFN Values maps.

The canoe trip is a great bonding experience, to reconnect with each other and the land. We had one refreshing canoe tip, no one was hurt, and no gear was lost, but it was a good laugh for everyone.

Miigwetch to our volunteers: Peter Recollet, Larry McGregor, Dale, Wally McGregor, Cheryl Recollet, Josee, Langelier, Councillor Barret Dokis, and Councillor Hans Matthews. Without your support our trip would not have been possible.

We look forward to hosting a fourth annual journey in 2016. We are thinking of doing the Chinguchi loop and visiting the pictographs. Please Contact Stefanie if you would like to be involved in the next trip. -S.R.





## **EXTENDED DEADLINE**

### **EMPLOYMENT OPPORTUNITY: Education Development Officer**

**Union of Ontario Indians / Anishinabek Educational Institute**

#### **Duties and Responsibilities (Includes but not limited to):**

- Instruction and/or monitoring of program field seminars and placements;
- Provide tutoring support services to students in their assigned programs;
- Maintain on-going tutoring and support to students during on-campus sessions and in their communities and/or workplaces;
- Participate in academic progress meetings to ensure student advocacy and support;
- Ensure program specific manuals, handbooks and/or program guides are updated as required;
- Recruitment of students and instructors who meet the program requirements;
- Coordinating Program Advisory Committee meetings to ensure programs are updated on a regular basis;
- Promote the Anishinabek Educational Institute and its programs within First Nation communities and organizations;
- Ensure availability during all on-campus sessions;
- Other duties as assigned.

#### **Qualifications:**

- *BSc/BScN with related work experience;*
- Ontario College of Teacher's certification is an asset;
- Excellent interpersonal and communication skills are essential;
- Computer skills and knowledge of Microsoft Office;
- Knowledge of Anishinabek language(s) and culture is an asset;
- Experience in teaching and/or tutoring of adult learners;
- Must be willing to travel extensively;
- Hold a valid Class G license, and be insurable.

**Salary:** Commensurate with qualifications and work experience

**Start Date:** Monday, October 5, 2015

**Deadline for Applications:** Friday, September 11, 2015 @ 4:30 pm

#### **Please send your resume with a cover letter and three employment references to:**

Glenda St. Amour, Executive Director of Administration  
 Union of Ontario Indians  
 P.O, Box 711, 1 Migizzi Miikan Road, North Bay, ON P1B 8J8  
 Phone: (705) 497-9127 / 1-877-702-5200 Fax: (705) 497-9135  
 Email: [glenda.st-amour@anishinabek.ca](mailto:glenda.st-amour@anishinabek.ca)

For inquiries about this position, please feel free to contact Jennifer Fletcher, AEI A/Site Coordinator at (705) 497-9127 / 1-877-702-5200 ext. 2317 or by email at [jennifer.fletcher@anishinabek.ca](mailto:jennifer.fletcher@anishinabek.ca)

*Individuals of First Nation ancestry are encouraged to apply. Preference will be given to UOI member First Nation applicants.*

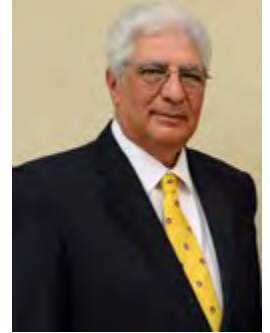
**Miigwetch to all who apply, however, only those selected for an interview will be contacted.**



# THE LEONARD S. (TONY) MANDAMIN SCHOLARSHIP

Granted for academic excellence in the pursuit of post-secondary education related to the electricity sector by First Nations, Métis & Inuit students.

In 2014, the scholarship was named in recognition of the Honourable Justice Leonard S. (Tony) Mandamin, one of the first Electrical Engineering graduates in Ontario of First Nations ancestry. The Honourable Justice Leonard S. (Tony) Mandamin, an Anishnawbe, was born in 1944 and is a member of the Wikwemikong Unceded Indian Reserve on Manitoulin Island. His legal career began in Alberta in 1983, following his call to the bar. In 2007, he was appointed as a Judge of the Federal Court and ex-officio member of the Federal Court of Appeal, and a Judge of the Court Marital Appeal Court of Canada.



Each year, up to 15 scholarships are available, which includes both a financial award in the amount of \$5,000 and an opportunity to apply for a paid developmental work term at Hydro One.



## The ingenuity of one, for the benefit of all.

The One Awards acknowledge and share the ingenuity of our employees and the potential of aspiring professionals to the joint benefit of Hydro One and the people of Ontario.

We are looking for outstanding students who demonstrate the traits that make us the innovative, diverse organization we are. Applications for this year's Leonard S. (Tony) Mandamin Scholarship will be accepted until **October 2, 2015**.

To learn more and apply visit:

[www.HydroOne.com/ApplyMandamin](http://www.HydroOne.com/ApplyMandamin)





## EMPLOYMENT OPPORTUNITY

**Union of Ontario Indians / Anishinabek Educational Institute**

**Education Development Officer  
Nipissing First Nation, North Bay, ON**

Under the direction of the Site Coordinator of the Anishinabek Educational Institute (AEI) or designate, the Program Assistant will oversee and facilitate program support functions for the Education Development Officers (EDO's), contracted faculty, and students in the post-secondary programs. The Program Assistant is responsible for assisting in the maintenance of program documents, support for the delivery of client services, and in the maintenance of the program files and to provide a variety of administrative, reporting and support services for AEI staff within the administrative policies and procedures of the Union of Ontario Indians.

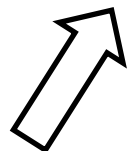
### **Duties and Responsibilities (includes but not limited to):**

- Answering telephone and routing calls received to appropriate program EDO, responding to general program inquiries representing AEI in a courteous and professional manner;
- Maintain, organize and oversee classroom and lab supplies and equipment for program delivery;
- Maintain program intake documents, updating information forms and packages for distribution;
- Prepare, collect and consolidate reports for class/student attendance and instructor/course evaluations;
- Maintain student information systems for progress tracking, monitoring and following up with student assignment submissions, updating EDO's as needed for additional student supports;
- Maintaining student and program curriculum files, consolidating EDO student files into main registrar file system and ensuring all student documents are secure and confidentiality is maintained;
- Coordinate semester scheduling; monitoring and ensuring classrooms are booked and ready for instructional delivery;
- Provide delivery support to instructors and ensuring availability to instructors, cultural support staff, and students during on-campus sessions, providing technical support for classroom delivery;
- Use Microsoft Office to prepare reports, memos, documents and meeting minutes for student progress meetings;
- Coordinate course material/textbook research, ordering, sales estimates and sales;
- Coordinate instructor training sessions, program advisory meetings, annual convocation and graduation ceremonies;

Ensure availability during all on-campus sessions and other duties as assigned.

### **Qualifications:**

- College diploma in office administration or related field
- Three to four years work experience
- Strong background in computer software (Microsoft Office)
- Excellent written and interpersonal communication skills
- Excellent organizational and office administration skills essential
- Knowledge/awareness of Anishinabek language(s) and culture is required
- Must be willing to travel and hold a Class G Driver's License



**Salary:** Commensurate with qualifications and work experience

**Start Date:** Tuesday, October 13, 2015

**Deadline for Applications:** Friday, September 18, 2015 @ 4:30 pm

***(Applications received after this date and time will not be considered.)***

**Please send your resume with a cover letter and three employment references to:**

Glenda St. Amour  
Executive Director of Administration  
Union of Ontario Indians  
P.O. Box 711, North Bay, ON P1B 8J8  
Phone: (705) 497-9127 / 1-877-702-5200  
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*Individuals of First Nation ancestry are encouraged to apply. Preference will be given to UOI member First Nation applicants. Miigwetch to all who apply, however, only those selected for an interview will be contacted.*

## Food Safe Level 1 Training Certificate

**By: Ray Alatalo, Environmental Health Officer**

This training is offered for updated safe food handling practices for volunteers and food handlers of Wahnapiatae First Nation as a proactive approach to safeguarding against food related illness. Lunch will be provided.

**Place:** Maan Doosh Gamig—Centre of Excellence

**Date:** **Wednesday, September 9th, 2015**



**Time:** **8:30 am to 4:30 pm**

**Please register by:** **Monday, September 7, 2015**

**Contact:** **Wendy, Debbie or Lynn at 705 858-0610**

# WAABAGAA GIZIS

## September 2015—Changing Leaves Moon

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 Healthy Babies 10 AM	5
6	7 Labour Day Office Closed	8 	9 Good food box orders due Food safety course 8:30 AM	10	11	12 GMM Meeting 9:00 AM
13	14	15	16 Good food box pick up Community Kitchen 8:45 AM	17 Food Bank 10AM Good food vouchers ready 	18	19
20	21	22 C&C Meeting 6:00 PM Collective Kitchen 6PM elder's room	23 Collective Kitchen 1:30 PM	24 Collective Kitchen 5 PM	25	26
27	28	29	30			