



Wahnapiitae First Nation Community Newsletter

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December 2020

P4: Seasonal Safety



The Ontario government offers its advice for how families can safely enjoy this coming holiday season.

P6: Talent Show Winners



Competition was fierce but fun in the virtual WFN Talent Show, with winning entries in four categories.

P9: Waste Schedule



The holiday season is changing the waste diversion schedule, with seasonal changes for garbage and recycling pickup, and the landfill.



A Holiday Message to Members

With the holiday season now upon us, there's no better time for reflecting on where we are, what we're thankful for, and how we can celebrate the season in a safe, meaningful way.

There's no question that this has been a challenging year for Wahnapiitae First Nation, and for each of us individually; the global pandemic has changed the way we live, work, and play.

THE GIFTS WE GIVE

The good news is that COVID-19 hasn't changed who we are. It hasn't changed how we have pulled together, how we've helped each other out when it was most needed, and how we continue to do the right thing to protect our loved ones and neighbors.

Thinking back on 2020, I hope you remember not the hardship but the kindness and generosity of your fellow WFN members, the compassion you chose to show for strangers by wearing a mask, and the way we joined our hearts as a community and as a people to care for our most vulnerable.

These are just some of the many things to celebrate this holiday season, and as we look to what 2021 has in store, may you find yourself able to do so with hope.

CELEBRATING IN SAFETY

Of course, this holiday season will still look a bit different than usual, as we all do our part to make sure it is a safe and happy one.

Be sure to see p.4 for the Ontario government's advice on how we can modify our holiday habits in a way that maintains our holiday cheer.

In the meantime, the Band Office will be closed Dec. 21 and reopening Jan. 4, and you can find the modified waste management schedule on p.9.

HAPPY HOLIDAYS

From Chief and Council, and the administrative staff at the WFN Band Office, we wish you all the happiest of holidays, and a very Merry Christmas.

Miigwetch,
Chief Larry Roque

COVID UPDATES

COVID-19 Resource Contacts

Norm Recollet Health Centre
Phone: (705) 858-7700

Public Health Sudbury & Districts
Phone: (705) 522-9200
Website: www.phsd.ca

Telehealth Ontario
Phone: 1-866-797-0000
Website: covid-19.ontario.ca/self-assessment

Hope for Wellness Helpline
Phone: 1-855-242-3310
Website: hopeforwellness.ca

Health Sciences North COVID-19 Assessment Centre:

Phone: (705) 671-7373
Patients will be screened by a nurse over the telephone, and referred to one of three options if testing is necessary (by appointment only):

- COVID-19 Assessment Centre, 56 Walford Road, with drive-through testing option;
- NEOMO Medical, 885 Prete Street, with drive-through testing option;
- Primacy Medical Centre, 1485 Lasalle Boulevard, with drive-through testing option

The Wahnapiatae First Nation Community Newsletter is published the 1st Wednesday of every month.

Wahnapiatae First Nation
259 Taigwhenini Trail Road
Capreol, Ontario | P0M 1H0
Phone: (705) 858-0610
Fax: (705) 858-5570

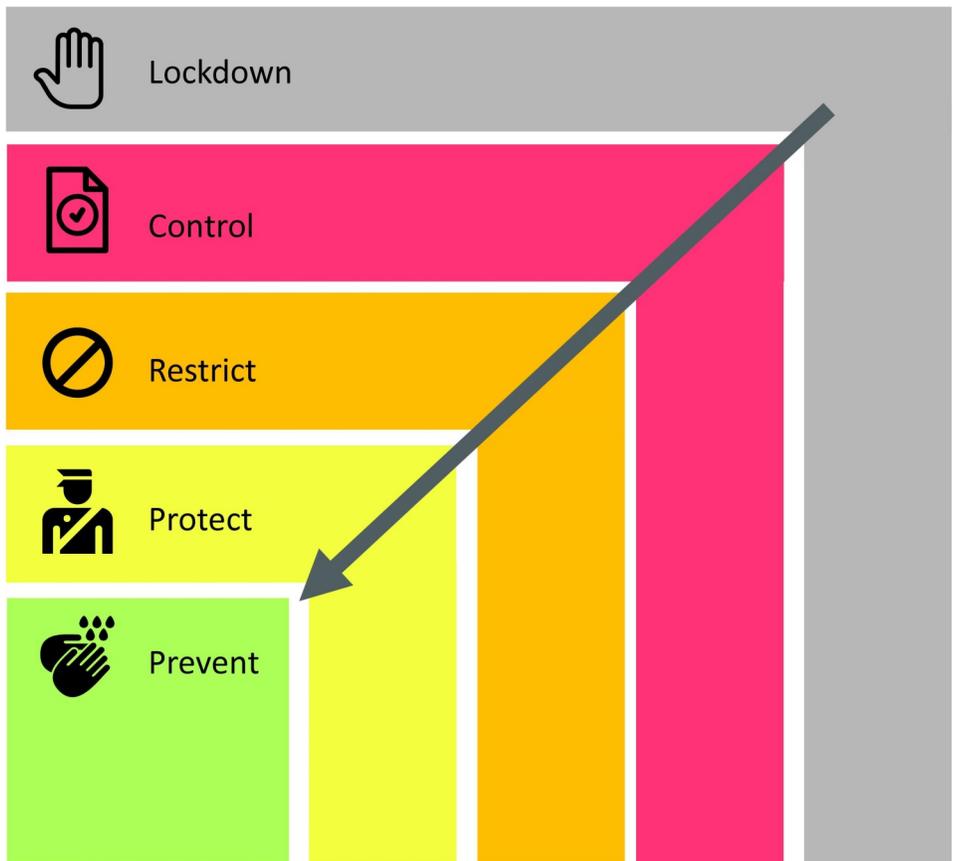


Sudbury Region enters yellow level of Ontario COVID-19 restrictions

With the Sudbury area having been shifted from the green level of restrictions under the provincial guidelines to the yellow level, members in the area are being asked to take a look at what this means for their safety.

The framework, as shown below, is designed to scale regions up or down as their case levels change. It has as its goal to have every public health unit region in the "Prevent", or green level. Measures are scaled back or implemented progressively, level by level.

If trends are improving, measures are dropped cautiously, level by level, to ensure there are no significant community or public health impacts.



(continued on p.3)

COVID UPDATES



COVID-19 UPDATES

(continued from p.2)

	 PREVENT (Standard Measures)	 PROTECT (Strengthened Measures)
Objective	Focus on education and awareness of public health and workplace safety measures in place.	Enhanced targeted enforcement, fines, and enhanced education to limit further transmission.
Tactics	Restrictions reflect broadest allowance of activities in Stage 3 absent a widely available vaccine or treatment. Highest risk settings remain closed.	Apply public health measures in high risk settings.

General restrictions in the yellow level:

- Gathering limits remain the same for social gatherings and organized public events:
- 10 people indoors and 25 outdoors for social gatherings
- 50 people indoors and 100 people outdoors for public events
- Ongoing advice to restrict non-essential travel from areas of high-transmission to areas of low-transmission

Stay Informed, Stay Safe

For the most up-to-date information and updates about Wahnapiatae First Nation, including safety measures, check us out online as below:



WEBSITE: www.wahnapiataefirstnation.com



MAIN PAGE: www.fb.me/wahnapiataefirstnation



YOUTH PAGE: www.fb.me/WFNYouthPage

COVID-19 Statistics

(as of Nov. 26, 2020)

Sudbury District:

Total Tests: 109,629

Confirmed Cases: 230

Resolved: 222

Deaths: 2

Ontario:

Total Tests: 6,196,474

Total Cases: 118,199

Resolved: 100,012

Deaths: 3,663

Hospitalized: 645

In ICU: 185

Canada:

Total Tests: 11,475,642

Total Cases: 378,139

Active Cases: 66,037

Recovered: 299,972

Deaths: 12,130

For up-to-date figures, be sure to check the following websites:

Sudbury:
tinyurl.com/phsddata

Ontario:
covid-19.ontario.ca/data

Canada:
tinyurl.com/canadacvd19

COVID UPDATES



Celebrate the Season Safely



On Nov. 25, 2020, the Ontario government released its advice for celebrating the holiday season in a COVID-safe fashion, as listed below:

Safer Holiday Activities

- Virtual holiday gatherings or events with family, friends or co-workers.
- Outdoor holiday activities such as building a snowman or going on a sleigh ride with members of your household.
- Visiting Santa Claus, Mrs. Claus or their elves outdoors and taking photos while keeping two metres apart.
- Attending a drive-in or drive-through event.
- Watching holiday or other movies with your household.
- Decorating your doors and putting up lights around your home.

Riskier Holiday Activities

- In-person holiday gatherings or events, particularly gatherings where masks or face coverings must be removed to eat or drink.
- Indoor holiday activities such as having overnight guests or sleepovers with friends or people outside your household.
- Visiting Santa Claus, Mrs. Claus or their elves indoors and taking photos without being two metres apart. Children are not permitted to sit on Santa's lap this year.
- Visiting family and friends for non-essential reasons.
- Individuals and families in higher transmission areas should avoid going to lower transmission areas, except for essential reasons.

COMMUNITY UPDATES

Cultural Activity Feedback Needed

If you have ideas about what type of cultural events and activities you'd like to see at Wahnapiatae First Nation, help make them a reality by sharing your feedback.

Staff is currently working on a slate of activities that best meet the needs and wishes of the community, and they're looking for direct feedback on what those could or should look like.

Examples of the kinds of events or activities can include:

- Workshops
- Teachings
- Ceremonies
- Children's / family activities
- ...and more.



To provide your feedback, or if you have the name of a trusted Elder that works with you or your family and that you believe would be well suited to this, please be sure to contact Sue Roque at (705) 920-9488, or via email at sue.roque@wahnapiataefn.com.

Your feedback will serve as the foundation for this important work, and is greatly appreciated.

Be Prepared for Power Outages

When a power outage hits, you want to be able to let Hydro One know – and more importantly, you want to know how long it'll last.

Be sure to keep the following information to easily reach out to Hydro One, and to be able to check online for a map of outages in the area, along with approximate times until power is restored:



Power Outages and Emergencies:

1-800-434-1235

Operational 24 hours a day, 7 days a week

www.hydroone.com

Power Outage Map:

www.tinyurl.com/HydroOneOutageMap

COMMUNITY NOTICES

WFN Talent Show Winners Announced

Some of the brightest young stars of Wahnapiatae First Nation had their chance to shine in the recent virtual WFN Talent Show.

As COVID-19 meant that participants couldn't show up in person, talent videos were submitted instead, and reviewed by independent judges.

The winners of this contest are as follows:

0-9 Years: Ophelia Roque	19+: Shannon Skelliter
10-18 Years: Heatley Jodouin	Groups: Boudreault/ Roque Family

First-prize winners for each category took home \$100, as well as bragging rights.

Miigwetch to all who participated!

“Name the Road” Announcement Delayed

Those eager to learn the name of the new road built off Loonway will have to wait just a short while longer.

The winning entry for the “Name the Road” contest, first announced in the November 2020 community newsletter, will now be announced in the January 2021 issue.

A number of submissions were made in the lead-up to the Nov. 23, 2020 deadline, and the many strong suggestions are in the process of being reviewed by Chief and Council.

This road is built to accommodate the construction of four new duplexes, and official signage will appear over time.

The winning submission will receive a \$50 gift card to Rocky's Restaurant and Marina.

Employment Opportunities Available

Wahnapiatae First Nation regularly lists the employment opportunities that are available within the administration, as well as those that are available from partner organizations:

Opportunities at WFN:

- Health Director
TERM: Full-time, permanent
- Educational Assistant
TERM: Full-time, contract for the 2020-2021 school year

External Opportunities:

- Child Well Being Worker
(Kina Gbezhgomi Child and Family Services)
- New Audiences Intern
Records Management Intern
Northern Initiatives Intern
(Science North)



For more information regarding these positions and more, check the Administration / Job Openings tab at the Wahnapiatae First Nation website, available at: www.wahnapiataefirstnation.com

COMMUNITY NOTICES



Niijaansinaanik
Child and Family Services

BECOME AN ALTERNATIVE CAREGIVER TODAY

SEEKING ALTERNATIVE (FOSTER)
CARE HOMES THAT ARE
NURTURING, CARING AND
CULTURALLY SUITABLE FOR OUR
INDIGENOUS CHILDREN.

*NIIJAANSINAANIK CHILD AND
FAMILY SERVICES OFFERS
ALTERNATIVE CAREGIVERS 24-7
SERVICE, ONE-ON-ONE SUPPORT,
ACCESS TO CULTURAL SERVICES
AND MUCH MORE.*

FOR MORE INFORMATION ON BECOMING AN
ALTERNATIVE CAREGIVER, CONTACT:

705-223-0008 ext. 300
705-763-2000 ext. 206
1-855-223-5558



COMMUNITY NOTICES



FREE TRADES TRAINING

AT HENVEY INLET FIRST NATION

REGISTER NOW

AZ MELT/DZ Training

Need MTO Medical report, drivers abstract, and photocopy of driver's license

Group 1: STARTS January 4, 2021

Group 2: March 8, 2021

Carpentry Level 1

January 11 to April 16, 2021

Spots are limited due to COVID-19. Spaces are still available. For more information, please call Pamela at 705-297-5246 or email pamelapelletier@shwemiikaan.com



COMMUNITY NOTICE

Waste Diversion Holiday Schedule

The Band office will be closed from December 18, 2020 through January 3, 2021, reopening on January 4, 2021, so please be advised of the holiday schedule as below.

The dates are as follows:

- Tuesday, December 22, 2020: RECYCLING PICKUP
- Thursday, December 24, 2020: GARBAGE PICKUP
- Tuesday, December 29, 2020: RECYCLING PICKUP
- Thursday, December 31, 2020: GARBAGE PICKUP

The Landfill site will **ONLY** be open the following dates:

Sunday, December 20, 2020: 12 p.m. - 4 p.m.

Sunday, January 3, 2022: 12 p.m. – 4 p.m.

Following the winter break, garbage and recycling curbside pickup will resume on the regularly scheduled days.



**From the Lands Department,
please have a safe and Happy Holiday season!**

COMMUNICATIONS/EVENT UPDATES

WAHNAPIITAE FIRST NATION WANTS TO CONNECT WITH YOU

Stay up to date on what's happening at WFN by signing up for email communications, using the link below.

This will let you receive the newsletter digitally, provide more timely feedback on important community projects, and receive links to virtual community engagement sessions.

www.tinyurl.com/WFN-Email

If you have any thoughts or questions, please let us know at: nick.stewart@wahnapiitaefn.com

Diabetes Support Circle

POSTPONED UNTIL FURTHER NOTICE

Please note that this group is being temporarily postponed as a result of the rise of cases of COVID-19.

**FOR ANY QUESTIONS, PLEASE CALL THE
NORMAN RECOLLET HEALTH CENTRE AT
(705) 858-7700**



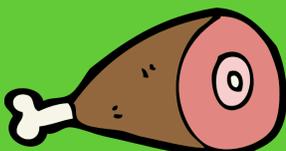
HO-HO-HEALTHY MEAL OF THE MONTH

In celebration of the season, the December Healthy Meal of the Month is being replaced with something a bit more festive.

This month, each on-reserve household will receive a delivery of a Christmas ham, along with a stocking, on Dec. 16.

Those who prefer to pick theirs up can do so on Dec. 15 at the Family Wellness Centre (178 Loonway Road)

Happy Holidays from Wahnapiitae First Nation!



CONGREGATE DINING

(MUST BE 55+)

DELIVERED 12 PM @ DEC. 17, 2020



**HOMEMADE MEAT PIES
AND A GIFT BASKET**

**RSVP FOR YOUR DELIVERY
WITH WENDY OR HEATHER
NO LATER THAN DEC. 15:
(705) 858-7700**

EVENT UPDATES

Good Food Boxes



Order by 2nd Wed. each month
Delivered 3rd Wed. each month
Small Box: \$10 | Large Box: \$19

Call Wendy or Heather to order:
(705) 858-7700



SOUP'S ON!

EVERYONE WELCOME, DONATIONS ACCEPTED

EVERY TUESDAY

FROM 12 P.M. - 1 P.M.

AT THE MAAN DOOSH GAMIG HALL

Virtual Meditation



with

DARLENE TINDALL

Every Monday at 11 a.m.
Dec. 7 | Dec. 14 | Dec. 21

These Zoom sessions are open to all WFN members, and no registration is required. Participate on any or all days!

The Zoom link is the same across all sessions:

<https://tinyurl.com/TindallMeditation>



NUTRITION BINGO

DEC. 17, 2020

JACKPOT: \$150, GIFT CARD
PROGRESSIVE TOONIE POT: \$316

SEATING IS LIMITED

CALL WENDY OR HEATHER TO
BOOK YOUR SPOT:
(705) 858-7700

EVENT CALENDAR – December 2020

December 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Soup's On! (12 pm – 1pm @ Maan Doosh Gammig)	2	3	4	5
6	7 Virtual Meditation (See Flyer, P.11)	8 Soup's On! (12 pm – 1pm @ Maan Doosh Gammig)	9 Good Food Box Ordering Deadline (Order @ 705-858-7700)	10	11	12
13	14 Virtual Meditation (See Flyer, P.11)	15 Soup's On! (12 pm – 1pm @ Maan Doosh Gammig)	16 Good Food Box Delivery Day	17 Nutrition Bingo (Register @ 705-858-7700)	18 Band Office Closes until Jan. 4, 2021	19
20 Landfill Site Open 12 p.m. – 4 p.m.	21 Virtual Meditation (See Flyer, P.11)	22 Recycling Pickup	23	24 Christmas Eve Garbage Pickup	25 Christmas Day	26
27	28	29 Recycling Pickup	30	31 New Year's Eve Garbage Pickup		